

## **CURRICULUM VITAE**

MICHAEL G. PERRI

### **GENERAL INFORMATION**

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### **EDUCATIONAL BACKGROUND**

PhD Clinical Psychology, 1978, University of Missouri - Columbia  
Internship Clinical Psychology, 1977-1978, University of Minnesota  
MA Psychology, University of Missouri - Columbia  
BS (honors) Psychology, 1973, Fordham University

### **ACADEMIC AND CLINICAL APPOINTMENTS**

University of Florida

Interim Dean, College of Public Health and Health Professions, June 2007-present  
Associate Dean for Research, College of Public Health and Health Professions, 2004-2007  
Associate Director, Institute on Aging, 2005-present  
Professor, Department of Clinical and Health Psychology, 1990-present  
Professor, Department of Medicine (joint appointment), 1998-present  
Professor, Department of Behavioral Science and Community Health (joint appointment),  
2007-present  
Director, Psychology Internship Program, 1992-2004  
Psychologist, Shands Hospital at the University of Florida, 1990-present

Oxford University (UK), Harris-Manchester College

Visiting Professor, summer 2000

Fairleigh Dickinson University

Professor, 1989-1990,

Associate Professor, 1985-1989

Franklin Delano Roosevelt VA Hospital

Staff Psychologist/Research Coordinator (part-time), 1985-1990

Indiana University School of Medicine and Indianapolis VA Medical Center (VAMC)

Associate Professor, 1985

Assistant Professor, 1980-1985

Chief Psychologist, VAMC, 1981-1985

Staff Psychologist, VAMC, 1980-1981

University of Rochester

Assistant Professor, 1978-1980

## PUBLICATIONS

### Books:

1. Richards, S., & Perri, M. G. (in press). *Improving the long-term management of depression*. Washington, DC: American Psychological Association Publications.
2. Richards, S., & Perri, M. G. (2002). *Depression: A primer for practitioners*. Thousand Oaks, CA: Sage Publications.
3. Perri, M. G., Nezu, A. M., & Viegner, B. J. (1992). *Improving the long-term management of obesity: Theory, research, and clinical guidelines*. New York: John Wiley & Sons.
4. Nezu, A. M., Nezu, C. M., & Perri, M. G. (1989). *Problem solving therapy for depression: Theory, research, and clinical guidelines*. New York: John Wiley & Sons.

### Books Chapters and Monographs:

1. Perri, M. G., & Nackers, L. M. (in press). The management of obesity. In I. Weiner & E. Craighead (Eds.), *Corsini's Encyclopedia of Psychology* (4<sup>th</sup> ed.). New York: John Wiley & Sons.
2. Perri, M. G., Foreyt, J. P., & Anton, S. D. (2008). Prevention of weight regain after weight loss. In G. A. Bray and C. Bouchard (Eds.), *Handbook of obesity treatment: Clinical applications* (3<sup>rd</sup> ed.). New York: Informa Healthcare.
3. Milsom, V. A., Perri, M. G., & Rejeski, W. J. (2007). Guided group support and the long-term management of obesity. In J. Latner & G. T. Wilson (Eds.), *Self-help for binge eating and obesity*. New York: Guilford Press.
4. Nezu, A. M., Nezu, C. M., & Perri, M. G. (2006). Problem solving. In W. T. O'Donohue & E. R. Levensky (Eds.), *Promoting treatment adherence: A practical handbook for health care providers*. Thousand Oaks, CA: Sage Publications.
5. Perri, M. G., & Fox, L. D. (2005). Cognitive behavioral treatment of obesity. In A. Freeman (Ed.), *Encyclopedia of Cognitive Behavior Therapy*. New York: Kluwer Academic/Plenum Publishers.
6. Perri, M. G., & Foreyt, J. P. (2004). Preventing weight regain after weight loss. In G. A. Bray and C. Bouchard (Eds.), *Handbook of obesity treatment: Clinical applications* (2<sup>nd</sup> ed., pp.185-200). New York: Marcel Dekkar, Inc.
7. Perri, M. G. (2003). Success and failure in the maintenance of lost weight. In G. Medeiros-Neto, A. Halpern, & C. Bouchard (Eds.), *Progress in Obesity Research: Vol 9*. (pp. 439-442) London: John Libbey & Co.
8. Perri, M. G., & Corsica, J. A. (2003). Treatment of obesity. In S. Llewelyn & P. Kennedy (Eds.), *Handbook of clinical health psychology* (pp. 181-202). London: John Wiley & Sons, Inc.
9. Corsica, J. A., & Perri, M. G. (2003). Understanding and managing obesity. In A. M. Nezu, C. M. Nezu, & P. Geller (Eds.), *Comprehensive handbook of psychology, Volume 9: Health psychology* (pp. 121-146). New York: John Wiley & Sons.
10. Perri, M. G., & Corsica, J. A. (2002). Improving the maintenance of weight lost in behavioral treatment of obesity. In T. A. Wadden & A. J. Stunkard (Eds.), *Handbook of obesity treatment* (3<sup>rd</sup> ed., pp. 357-379). Hoboken, NJ: Guilford.
11. Perri, M. G. (2001). Improving maintenance in behavioral treatment. In K. D. Brownell and C. G. Fairburn (Eds.), *Eating disorders and obesity: A comprehensive handbook* (2<sup>nd</sup> ed., pp. 593-598). New York: Guilford.

12. Durning, P. A., & Perri, M. G. (2001). Substance abuse assessment and treatment. In J. R. Rodrigue (Ed). *Biopsychosocial perspectives on transplantation* (pp. 125-149). New York: Kluwer Academic/Plenum Publishers.
13. Perri, M. G. (2001). Improving adherence in the treatment of obesity. In L. E. Burke & I. S. Ockene (Eds.), *Compliance in healthcare and research*. Armonk, NY: Futura Publishing (pp. 219-233).
14. Perri, M. G. (1996). Women, weight, and wellness. In L. S. Lieberman & E. P. Stoller (Eds.), *Women's health and research: Applying the national agenda* (pp. 77-86). Gainesville, FL: Clips Group.
15. Perri, M. G. (1995). Methods for maintaining weight loss. In K. D. Brownell & C. G. Fairburn (Eds.), *Eating disorders and obesity: A comprehensive handbook* (pp. 547-551). New York: Guilford Press.
16. Perri, M. G., & Nezu, A. M. (1993). Preventing relapse following treatment for obesity. In A. J. Stunkard & T. A. Wadden (Eds.), *Obesity: Theory and therapy* (pp. 287-299). New York: Raven Press.
17. Perri, M. G. (1992). Improving maintenance of weight loss following treatment by diet and lifestyle modification. In T. A. Wadden & T. B. Van Itallie (Eds.), *Treatment of severe obesity by diet and lifestyle modification* (pp. 456-477). New York: Guilford Press.
18. Perri, M. G. (1989). Obesity. In A. M. Nezu & C. M. Nezu (Eds.), *Clinical decision making in behavior therapy* (pp. 193-226). Champaign, IL: Research Press.
19. Perri, M. G. (1987). Maintenance strategies for the management of obesity. In W. G. Johnson (Ed.), *Advances in eating disorders (Vol. 1): Treating and preventing obesity* (pp.177-194). Greenwich, CT: JAI Press.
20. Perri, M. G. (1985). Self-change strategies for the control of smoking, obesity, and problem drinking. In S. Shiffman, & T. A. Wills (Eds.), *Coping and substance use* (pp. 295-317). New York: Academic Press.
21. Krouse, J. H., & Perri, M. G., (1981). Assessing academic competence in adults: A review of dependent measures used in study improvement programs. *JSAS Catalog of Selected Documents in Psychology*, 11, 61. (Ms. No. 2316)
22. Perri, M. G., Richards, C. S., & Goodrich, J. (1978). The Heterosocial Adequacy Test (HAT): A role-playing test for the assessment of heterosocial skills in male college students. *JSAS Catalog of Selected Documents in Psychology*, 8, 16. (Ms. No. 1650)
23. Perri, M. G. (1977). Behavior modification of heterosocial difficulties: A review of conceptual, treatment, and assessment considerations. *JSAS Catalog of Selected Documents in Psychology*, 7, 75. (Ms. No. 1530)

**Journal Articles:**

1. Perri, M. G., Limacher, M. C., Durning, P. E., Janicke, D. M., Lutes, L. D., Bobroff, L. B., Dale, M. S., Daniels, M. J., Radcliff, T. A., & Martin A. D. (in press). Treatment of obesity in underserved rural settings (TOURS): A randomized trial of extended-care programs for weight management. *Archives of Internal Medicine*.
2. Wiens, B. A., Evans, G. D., Radunovich, H. L., Torres, N. I., Rozensky, R. H., Perri, M. G., & Janicke, D. M. (in press). A collaboration between Extension and Psychology to improve health for rural Americans: The National Rural Behavioral Health Center. *Journal of Rural Community Psychology*.
3. Janicke, D. M., Sallinen, B. J., Perri, M. G., Lutes, L. D., Huerta, M., Silverstein, J., & Brumback, B.A. (in press). A weight management effectiveness trial for children in underserved rural settings: Post-treatment outcomes from Project STORY. *Archives of Pediatric and Adolescent Medicine*.
4. Tinker, L. F., Bonds, D. E., Margolis, K. L., Manson, J. E., Howard, B. V., Larson, J., Perri, M. G., Beresford, S. A. A., Robinson, J., Rodriguez, B., Safford, M., Wenger, N., Stevens, V., & Parker, L. M. (2008). Low-Fat Dietary Pattern and Risk of Treated Diabetes Mellitus in Postmenopausal Women: The Women's Health Initiative (WHI) Randomized Controlled Dietary Modification Trial (DMT). *Archives of Internal Medicine*, 168, 1500-1511.
5. Janicke, D. M., Sallinen, B. J., Perri, M. G., Lutes, L. D., Silverstein, J. H., Huerta, M. G., & Guion, L.A. (2008). Sensible Treatment of Obesity in Rural Youth (STORY): design and methods. *Contemporary Clinical Trials*. 29, 270-280.
6. Wilfley, D. E., Crow, S. J., Hudson, J. I., Mitchell, J. E., Berkowitz, R. I., Blakesley, V., Walsh, B. T., and the Sibutramine Binge Eating Disorder Research Group. (2007). Efficacy of sibutramine for the treatment of binge eating disorder: A randomized multi-center placebo-controlled double-blind study. *American Journal of Psychiatry*.
7. Tinker, L. F., Rosal, M.C., Young, A. F., Perri, M. G., Patterson, R. E., Van Horn, L. V., Assaf, A. R., Bowen, D. J., Ockene, J., Hays, J., & Wu, L.L. (2007). Predictors of dietary change and maintenance in the Women's Health Initiative (WHI) Dietary Modification (DM) Trial. *Journal of the American Dietetic Association*, 105, 1155-1165.
8. The LIFE Study Investigators. (2007). Effects of a physical activity intervention on measures of physical performance: Results of the Lifestyle Interventions and Independence for Elders Pilot (LIFE-P) Study. *Journal of Gerontology: Medical Sciences*, 61A, 1157-1165.
9. McTiernan, A., Wu, L.L., Chen, C., Chlebowski, R. Mossavar-Rahmani, Y., Modugno, F., Perri, M.G., Stanczyk, F.Z., Van Horn, L., Wang, C.Y., & the WHI Investigators. (2006). Relation of body mass index and physical activity to sex hormones in postmenopausal women. *Obesity*, 14 1662-1677.

10. Beresford, S.A. et al. (2006). Low-fat dietary pattern and risk of colorectal cancer: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. *JAMA*, 295, 643-654.
11. Howard, B.V. et al. (2006). Low-fat dietary pattern and risk of cardiovascular disease: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. *JAMA*, 295, 655-666.
12. Duncan, G. E., Anton, S. A., Sydeman, S.J., Newton, R. L., Jr., Corsica, J. A., Durning, P. A., Ketterson, T. U., Martin, A. D., Limacher, M. C., & Perri, M. G. (2005). Prescribing Exercise at Varied Levels of Intensity and Frequency: A Randomized Trial. *Archives of Internal Medicine*, 165, 2362-2369.
13. Anton, S.D., Perri, M. G., Riley, J., III, Kanasky, W. F., Rodrigue, J. R., Sears, S., & Martin, A. D. (2005). Differential predictors of adherence in exercise programs with moderate versus higher levels of intensity and frequency. *Journal of Sport & Exercise Psychology*, 27, 171-187.
14. Ames, G. E., Perri, M. G., Fox, L. D., Fallon, E. A., DeBraganza, N., Murawski, M. E., Pafumi, L., & Hausenblas, H. A. (2005). Changing weight-loss expectations: A randomized pilot study. *Eating Behaviors*, 6, 259-269.
15. Perri, M. G. (2005). Helping women lose weight. *Journal Watch: Women's Health*, 25, 13-15.
16. Kleiner, K. D., Gold, M. S., Frost-Pineda, K., Lenz-Brunsmann, B., Perri, M. G., Jacobs, W. S. (2004). Body mass index and alcohol use. *Addictive Disorders*, 23, 105-18.
17. Newton, R. L., Jr., & Perri M. G. (2004). Improving fitness in sedentary African-American adults: A randomized trial of a culturally-sensitive treatment. *Ethnicity and Disease*. 14, 548-557.
18. Duncan, G. E., Perri, M. G., Anton, S. D., Limacher, M. C., Martin, A. D., Lowenthal, D. T., Arning, E., Bottiglieri, T. & Stacpoole, P. W. (2004). Effects of exercise on emerging and traditional cardiovascular risk factors. *Preventive Medicine*, 29, 894-902.
19. Women's Health Initiative Study Group (2004). Dietary Adherence in the Women's Health Initiative Dietary Modification Trial. *Journal of the American Dietetic Association*, 104, 654-658.
20. Park, T. L., Perri, M. G., & Rodrigue, J. R. (2003). Minimal intervention programs for weight loss in heart transplant candidates: A preliminary examination. *Progress in Transplantation*, 13, 284-288.
21. Duncan, G. E., Perri, M. G., Theriaque, D. W., Hutson, A. D., Eckel, R. H., & Stacpoole, P. W. (2003). Exercise training, without weight loss, increases insulin sensitivity and postheparin plasma lipase activity in previously sedentary adults. *Diabetes Care*, 26, 567-572.

22. Duncan, G. E., Anton, S. D., Newton, R. L., & Perri, M. G. (2003). Relation of perceived health to physiological measures of health in black and white women. *Preventive Medicine, 36*, 624-628.
23. Manson, J. E., Greenland, P., La Croix, A. Z., Stefanick, M. L., Mouton, C. P., Oberman, A. Perri, M. G., Sheps, D. S., Pettinger, M. B., & Siscovick, D. S. (2002). Walking compared with vigorous exercise for the prevention of cardiovascular events in women. *New England Journal of Medicine, 347*, 716-725.
24. Perri, M. G., Anton, S. D., Durning, P. E., Ketterson, T. U., Sydeman, S. J., Berlant, N.E., Kanasky, W. F., Jr., Newton, R. L., Jr., Limacher, M. C., & Martin, A. D. (2002). Adherence to exercise prescriptions: Effects of prescribing moderate versus higher levels of exercise intensity and frequency. *Health Psychology, 21*, 452-458.
25. Tinker, L. F., Perri, M. G., Patterson, R. E., Bowen, D. J., McIntosh, M., Parker, L. M., Sevick, M. A., Wodarski, L. A. (2002). The effects of physical and emotional status on adherence to a low-fat dietary pattern in the Women's Health Initiative. *Journal of the American Dietetic Association, 102*, 789-800.
26. Manson, J. E., Lewis, C., Allen, C., Johnson, K., Stefanik, M., Foreyt, J. P., Kelsges, R., Tinker, L., Noonan, E., Perri, M.G., & Hall, D. (2002). Ethnic, Socioeconomic, and lifestyle correlates of obesity in U.S. women. *Clinical Journal of Women's Health, 1*, 25-34.
27. Kanasky, W. F., Jr., Anton, S. D., Rodrigue, J. R., Perri, M. G., Szwed, T., & Baz, M. A. (2002). Impact of body weight on long-term survival after lung transplantation. *Chest, 21*, 401-406.
28. Rodrigue, J. R., Kanasky, WF, Marhefka, S. L., Perri, M.G., & Baz, M. (2002). A psychometric normative database for pre-lung transplantation evaluations. *Journal of Clinical Psychology in Medical Settings, 8*, 229-236
29. Perri, M. G., Nezu, A. M., McKelvey, W. F., Shermer, R. L., Renjilian, D. A., & Viegner, B. J. (2001). Relapse prevention training and problem solving therapy in the long-term management of obesity. *Journal of Consulting and Clinical Psychology, 69*, 722-726.
30. Renjilian, D. A., Perri, M. G., Nezu, A. M., McKelvey, W. F., Shermer, R. L., & Anton, S. A. (2001). Individual versus group therapy for obesity: Effects of matching participants to their treatment preferences. *Journal of Consulting and Clinical Psychology, 69*, 717-721.
31. Duncan, G.E., Sydeman, S.J., Perri, M.G., Limacher, M.C., & Martin, A.D. (2001). Can sedentary adults accurately recall the intensity of their physical activity? *Preventive Medicine, 33*, 18-26.

32. Rodrigue, J. R., Kanasky, W. F., Marhefka, S. L., Perri, M. G., & Baz, M. (2001). A psychometric normative database for pre-lung transplant evaluations: The Florida Cohort 1994-1997. *Journal of Clinical Psychology in Medical Settings*, 8, 229-236.
33. Richards, S. & Perri, M. G. (2001). Depression and suicide in general health care patients. *Outlook, A Quarterly Newsletter of the Society of Behavioral Medicine*, Summer, pp. 4-5.
34. Anton, S. D., Perri, M. G., & Riley, J. R., III, (2000). Relation of body image discrepancy to eating and exercise patterns in college-age women. *Eating Behaviors*, 2, 153-160.
35. Rodrigue, J. R., Kanasky, W. F., Jackson, S. I., & Perri, M. G. (2000). The Psychosocial Adjustment to Illness Scale (Self-Report): Factor structure and item stability. *Psychological Assessment*, 12, 409-413.
36. Sherman, A. M., Bowen, D. J., Vitolins, M., Perri, M. G., Rosal, M. C., Sevick, M. A., & Ockene, J. K. (2000). Dietary adherence: Characteristics and interventions. *Controlled Clinical Trials*, 21, 206S-211S.
37. Martin, K. A., Bowen, D. J., Dunbar-Jacob, J., & Perri, M. G. (2000). Who will adhere? Key issues in the study and prediction of adherence in randomized controlled trials. *Controlled Clinical Trials*, 21, 195S-199S
38. Rodrigue, J. R., Jackson, S. I., & Perri, M. G. (2000). The Medical Coping Modes Questionnaire: Factor structure for adult organ transplant candidates. *International Journal of Behavioral Medicine*, 7, 89-110.
39. Kumanyika, S. K., Van Horn, L., Bowen, D., Perri, M. G., Rolls, B., Czjakowski, S., & Schron, E. (2000). Maintenance of dietary behavior change. *Health Psychology*, 19 (suppl. 1), 42-56.
40. Leermakers, E. A., Perri, M. G., Shigaki, C. L., & Fuller, P. R. (1999). Effects of exercise-focused versus weight-focused maintenance programs on the management of obesity. *Addictive Behaviors*, 24, 219-227.
41. Sears, S. F., Rodrigue, J. R., Sirois, B., Urizar, G., & Perri, M. G. (1999). Extending psychometric norms for pre-cardiac transplantation evaluations: The Florida Cohort 1990-1996. *Journal of Clinical Psychology in Medical Settings*, 6, 303-316.
42. Streisand, R. M., Rodrigue, J. R., Sears, S. F., Perri, M. G., Davis, G. L., & Banko, C. G. (1999). A psychometric normative database for pre-liver transplant evaluations: The Florida Cohort 1991-1996. *Psychosomatics*, 40, 479-485.
43. Grundy, S. M., Blackburn, G., Higgins, M., Lauer, R., Perri, M. G., Ryan, D. (1999). Physical activity in the treatment of obesity and its co-morbidities. *Medicine and Science in Sports and Exercise*, 31, 1493-1500.

44. Perri, M. G. (1998). The maintenance of treatment effects in the management of obesity. *Clinical Psychology: Science and Practice*, 5, 526-543.
45. Fuller, P. R., Perri, M. G., Leermakers, E. A., & Guyer, L. K. (1998). Effects of a personalized system of skill acquisition and an educational program in the treatment of obesity. *Addictive Behaviors*, 23, 97-100.
46. Durning, P. E., Perri, M. G., Rodrigue, J. R., Banko, C. G., Streisand, R. M., Esquerre, J. M., & Davis, G. L. (1998). MMPI profiles of liver and heart transplant candidates with and without significant histories of heavy alcohol use. *Journal of Clinical Psychology in Medical Settings*, 5, 35-47.
47. Kury, S. P., Rodrigue, J. R., & Perri, M. G. (1998). Smokeless tobacco and cigarettes: differential attitudes and behavioral intentions of young adolescents. *Journal of Clinical Child Psychology*, 27, 425-422.
48. Perri, M. G., Martin, A. D., Leermakers, E. A., Sears, S. F., & Notelovitz, M. (1997). Effects of group- versus home-based exercise in the treatment of obesity. *Journal of Consulting and Clinical Psychology*, 65, 278-285.
49. Rodrigue, J. R., Perri, M. G., Henson, C. D., Belar, C. B., Geisser, M. E., Lucas, J. R., Shapiro, D. E., & Summerhill, W. (1996). Cooperative extension and health psychology: An innovative partnership in addressing the needs of disaster survivors in a rural community. *Journal of the National Association for Rural Mental Health*, 49-59.
50. Perri, M. G., & Fuller, P. R. (1995). Success and failure in the treatment of obesity: Where do we go from here? *Medicine, Exercise, Nutrition, & Health*, 4, 255-272.
51. Braver, H. M., Block, A. J., & Perri, M. G. (1995). Treatment for snoring: Combined weight loss, sleeping on side, and nasal spray. *Chest*, 107, 1283-1288.
52. Arean, P. A., Perri, M. G., Nezu, A. M., Schein, R. L., Joseph, T. X., & Christopher, F. (1993). Comparative effectiveness of social problem-solving therapy and reminiscence therapy as treatments for depression in older adults. *Journal of Consulting and Clinical Psychology*, 61, 1003-1010.
53. Perri, M. G. (1993). Confronting the maintenance problem in the treatment of obesity. *Journal of Cardiopulmonary Rehabilitation*, 13, 164-166.
54. Perri, M. G., Sears, S. F., & Clark, J. E. (1993). Strategies for improving maintenance of weight loss: Toward a continuous care model of obesity management. *Diabetes Care*, 16, 200-209.
55. Perri, M. G. (1992). Weight maintenance strategies: The process and the practice. *Weight Control Digest*, 2, 201-207.

56. McCann, K. L., Perri, M. G., Nezu, A. M., & Lowe, M. R. (1992). An investigation of counterregulatory eating in obese clinic attenders. *International Journal of Eating Disorders, 12*, 161-169.
57. Perri, M. G., McAllister, D. A., Gange, J. J., Jordan, R. C., McAdoo, W. G., & Nezu, A. M. (1992). Effects of four maintenance programs on the long-term management of obesity. *Diabetes Spectrum, 5*, 202-206.
58. Perri, M. G. (1992). Commentary: Effects of very-low-calorie diet on long-term glycemic control in obese type 2 diabetic subjects. *Diabetes Spectrum, 5*, 217.
59. Nezu, A. M., Nezu, C. M., & Perri, M. G. (1990). Psychotherapy for adults within a problem-solving framework: Focus on depression. *Journal of Cognitive Psychotherapy, 4*, 247-256.
60. Viegner, B. J., Perri, M. G., Nezu, A. M., Renjilian, D. A., McKelvey, W. F., & Schein, R. L. (1990). Effects of an intermittent, low-fat, low-calorie diet in the behavioral treatment of obesity. *Behavior Therapy, 21*, 499-509.
61. Perri, M. G., Nezu, A. M., Patti, E. T., & McCann, K. L. (1989). Effect of length of treatment on weight loss. *Journal of Consulting and Clinical Psychology, 57*, 450-2.
62. Nezu, A. M., & Perri, M. G. (1989). Social problem solving therapy for unipolar depression: An initial dismantling study. *Journal of Consulting and Clinical Psychology, 57*, 408-413.
63. Perri, M. G., McAllister, D. A., Gange, J. J., Jordan, R. C., McAdoo, W. G., & Nezu, A. M. (1988). Effects of four maintenance programs on the long-term management of obesity. *Journal of Consulting and Clinical Psychology, 56*, 529-534.
64. Perri, M. G. (1988). Improving treatment for alcohol dependent veterans. *Psychology of Addictive Behaviors, 2*, 82-91.
65. McAllister, D. A., Perri, M. G., Jordan, R. C., Rauscher, F. P. & Sattin, A. (1987). Effects of ECT given two versus three times per week. *Psychiatry Research, 21*, 63-69.
66. Perri, M. G., McAdoo, W. G., McAllister, D. A., Lauer, J. B., Jordan, R. C., Yancey, D. Z., & Nezu, A. M. (1987). Effects of peer support and therapist contact on long-term weight loss. *Journal of Consulting and Clinical Psychology, 55*, 615-617.
67. Perri, M. G., McAdoo, W. G., McAllister, D. A., Lauer, J. B., & Yancey, D. Z. (1986). Enhancing the efficacy of behavior therapy for obesity: Effects of aerobic exercise and multicomponent maintenance program. *Journal of Consulting and Clinical Psychology, 54*, 670-675.
68. Perri, M. G., McAdoo, W. G., Spevak, P. A., & Newlin, D. B. (1984). Effect of a multicomponent maintenance program on long-term weight loss. *Journal of Consulting and Clinical Psychology, 52*, 480-481.

69. Perri, M. G., Shapiro, R. M., Ludwig, W. W., Twentyman, C. T., McAdoo, W. G. (1984). Maintenance strategies for the treatment of obesity: An evaluation of relapse prevention training and posttreatment contact by mail and telephone. *Journal of Consulting and Clinical Psychology, 52*, 404-413.
70. Stalonas, P. M., Perri, M. G., & Kerzner, A. B. (1984). Do behavioral treatments of obesity last? A five-year follow up investigation. *Addictive Behaviors, 9*, 175-184.
71. Merrion, M. J., Newlin, D. B., McAllister, D. A., Richmond, B. D., Jordan, R. J., Rauscher, F. P., & Perri, M. G. (1984). Subcortical density of the left hemisphere in schizophrenia. *Psychophysiology, 21*, 587-588.
72. Reis, H. T., Wheeler, L., Spiegel, N., Kernis, M. Nezelek, J., & Perri, M. G. (1982). Physical attractiveness in social interaction, II: Why does appearance affect social experience? *Journal of Personality and Social Psychology, 43*, 979-996.
73. Kirschenbaum, D. S., & Perri, M. G. (1982). Improving academic competence in adults: A review of recent research. *Journal of Counseling Psychology, 29*, 76-94.
74. Plotkin, R. C., Twentyman, C. T., & Perri, M. G. (1982). Utility of a measure of aggression in differentiating abusing parents from other parents experiencing family distress. *Journal of Clinical Psychology, 38*, 607-610.
75. Perri, M. G., Kerzner, A. B., & Tayler, A. H. (1981). The assessment of heterosocial adequacy: A cross-validation and replication. *Behavioral Counseling Quarterly, 1*, 317-319.
76. Plotkin, R. C., Azar, S., Twentyman, C. T., & Perri, M. G. (1981). A critical evaluation of the research methodology employed in the investigation of causative factors of child abuse and neglect. *International Journal of Child Abuse and Neglect, 5*, 449-455.
77. Twentyman, C. T., Perri, M. G., Stalonas, P. M., Toro, P. A., & Zastowny, T. R. (1981). Evaluation of social support systems in the behavioral treatment of obesity: An examination of weight loss and cardiovascular functioning. *Psychophysiology, 18*, 162.
78. Perri, M. G., & Richards, C. S. (1979). The assessment of heterosocial skills in male college students: Empirical development of a behavioral role-playing test. *Behavior Modification, 3*, 337-354.
79. Perri, K. D., & Perri, M. G., (1979). Use of relaxation to reduce pain following vaginal hysterectomy. *Perceptual and Motor Skills, 48*, 478.
80. Richards, C. S., & Perri, M. G. (1978). Do self-control treatments last? An evaluation of behavioral problem solving and faded counselor contact as treatment maintenance strategies. *Journal of Counseling Psychology, 25*, 376-383.

81. Perri, M. G., & Richards, C. S. (1977). An investigation of naturally occurring episodes of self-controlled behaviors. *Journal of Counseling Psychology, 24*, 178-183.
82. Perri, M. G., Richards, C. S., & Schultheis, K. R. (1977). Behavioral self-control and smoking reduction: A study of self-initiated attempts to reduce smoking. *Behavior Therapy, 8*, 360-365.
83. Richards, C. S., Perri, M. G., & Gortney, C. (1976). Increasing the maintenance of self-control procedures through faded counselor contact and high formation feedback. *Journal of Counseling Psychology, 23*, 405-406.
84. Perri, M. G., & Zipper, M. M. (1976). Are psychology departments dealing with the tenuring-in problem? A survey of department chairpersons. *Psychological Reports, 39*, 1321-1322.

**Published Abstracts:**

1. Anton, S. D., Joo, S., & Perri, M. G. (2008). How much walking is needed to improve cardiorespiratory fitness? *Annals of Behavioral Medicine, 35*, S42.
2. Ross, K. M., Ewigman, N. L., Nackers, L. M., Milsom, V. M., Andre, R., DeBraganza, N., Onkala, A. L., & Perri, M. G. (2008). Of fitness and fatness: The contributions of weight loss and increased physical fitness to improvements in health related quality of life. *Annals of Behavioral Medicine, 35*, S154.
3. Nackers, L. M., Andre, R., Ross, K. M., Ewigman, N. L., Milsom, V. A., DeBraganza, N., Onkala, A. L., & Perri, M. G. (2008). The impact of rate of initial weight loss on long-term success: Does slow and steady win the race? *Annals of Behavioral Medicine, 35*, S109.
4. Perri, M. G., Durning, P. E., Janicke, D. M., Lutes, L.D., Limacher, M.C., Martin, A. D., Bobroff, L.B., Dale, M. S., & Radcliff, T. A. (2007). Treatment of obesity in underserved rural settings (TOURS): 18 Month findings. *Annals of Behavioral Medicine, 33*, S022.
5. Janicke, D. M., Sallinen, B., Perri, M. G., Silverstein, J., Huertas, M., & Guion, L. (2007). Preliminary findings from Project STORY (Sensible Treatment of Obesity in Rural Youth) [Abstract]. *Annals of Behavioral Medicine, 33*, S022.
6. Rickel, K. A., Gibbons, L. M., Milsom, V. A., DeBraganza, N., Murawski, M. E., Nackers, L. M., & Perri, M. G. (2007). Racial/ethnic differences in the effectiveness of extended care following lifestyle intervention for obesity. *Annals of Behavioral Medicine, 33*, S083.
7. Lutes, L. D., Perri, M. G., Dale, M. S., Milsom, V. A., DeBraganza, N., Rickel, K. A., Durning, P. E., & Bobroff, L. B. (2006). Treatment of obesity in underserved rural settings (TOURS): Changes in nutritional intake in African American and Caucasian women. *Annals of Behavioral Medicine, 31*, S060.

8. Rickel, K. A., Durning, P. E., DeBraganza, N., Milsom, V. A., Murawski, M. E., Gibbons, L. M., & Perri, M. G. (2006). Treatment of obesity in underserved rural settings (TOURS): Changes in physical activity and physical fitness in African American and Caucasian women. *Annals of Behavioral Medicine, 31*, S167.
9. Jagusztin, N. E., Fox, L. D., & Perri, M. G. (2005). Motivations and expectations for weight loss: Ethnic comparisons among women from rural communities [Abstract]. *Annals of Behavioral Medicine, 29*, S139.
10. Perri, M. G., Fox, L. D., Durning, P. E., Limacher, M. C., Martin, A. D., Bobroff, L. B., Janicke, D. A., & Radcliff, T. A. (2005). Treatment of obesity in underserved rural setting (TOURS): Preliminary findings. *Annals of Behavioral Medicine, 29*, S130.
11. Murawski, M. E., DeBraganza, N., Rickel, K. A., Milsom, V.A., Durning, P. E., Fox, L. D., Janicke, D. M., & Perri, M.G. (2005). Treatment of obesity in underserved rural settings: Effects on quality of life. *Annals of Behavioral Medicine, 29*, S068.
12. Ames, G. E., Perri, M. G., Fox, L. D., Fallon, E. A., DeBraganza, N., Murawski, M. E., Gardner, R., & Hausenblas, H. (2004). Test of a cognitive behavioral treatment for obesity and weight-related expectations. *Annals of Behavioral Medicine, 26*, S88.
13. Murawski, M. E., Durning, P. E., Perri, M. G., & Sydeman, S. J. (2004). Impact of exercise on mood: effects of varying intensity and frequency. *Annals of Behavioral Medicine, 26*, S98.
14. Ames, G. E., Durning, P. E., Perri, M. G., & Sydeman, S. J. (2004). Do processes of change from the transtheoretical model predict stage of change in sedentary adults post-exercise intervention? *Annals of Behavioral Medicine, 26*, S99.
15. Perri, M. G. (2003). The structure of weight management programs that promote the maintenance of lost weight. *International Journal of Obesity, 27* (Suppl. 1) S42.
16. Perri, M. G., Martin, A. D., Duncan, G. E., Limacher, M. C., Anton, S. D., Sydeman, S. J., Corsica, J. A., Newton, R. L., & Ketterson, T. U. (2003). How much exercise is needed to improve cardiorespiratory fitness? *Annals of Behavioral Medicine, 25*, S110.
17. Newton, R. L., Perri, M. G. (2003). Exercise promotion in sedentary African American adults. *Annals of Behavioral Medicine, 25*, S123.
18. Anton, S. D., Perri, M. G., Riley, J. L., Kanasky, W.F., & Martin, A. D. (2002). Differential predictors of adherence in exercise programs with multiple levels of intensity and frequency. *Annals of Behavioral Medicine, 24*, S113.
19. Perri, M.G., Anton, S. D., Ketterson, T. U., Kanasky, W. F., Sydeman, S. J., Limacher, M. L., & Martin, A. D. (2002). Effects of exercise prescriptions on exercise adherence over one year. *Annals of Behavioral Medicine, 24*, S115.

20. Anton, S. D., Perri, M. G., Kanasky, W.F., Corsica, J. A., & Ketterson, T. U. (2002). Initial response to an exercise intervention predicts adherence over one year. *Annals of Behavioral Medicine, 24*, S117.
21. Corsica, J. A., Perri, M. G., Wolff, G. E., Park, C., Duncan, G. E., Martin, A. D., Limacher, M. C., & Kipersztok, S. (2002). Greater body fat percentage but not BMI predicts poor adherence to a 6-month exercise program. *Annals of Behavioral Medicine, 24*, S118.
22. Kanasky, W.F., Perri, M. G., Rodrigue, J. R., Anton, S. D., Martin, A. D., & Yang, M. Success and failure in exercise initiation and adherence. *Annals of Behavioral Medicine, 24*, S218.
23. Wolff, G. E., & Perri, M. G. (2002). Correlates of binge eating and depressive symptoms in bariatric surgery candidates. *Annals of Behavioral Medicine, 24*, S48.
24. Manson, J. E., Lewis, C., Allen, C., Johnson, K., Stefanik, M., Foreyt, J. P., Kelsges, R., Tinker, L., Noonan, E., Perri, M.G., & Hall, D. (2002). Ethnic, Socioeconomic, and lifestyle correlates of obesity in U.S. women. *American Journal of Epidemiology, 153* (suppl), 874.
25. Perri, M. G., Anton, S. A., Kanasky, W. F., Ketterson, T. U., Sydeman, S. J., Durning, P. A., Berlant, N. E., Limacher, M. C., & Martin, A. D. (2001). Effects of exercise prescriptions on exercise adherence. *Annals of Behavioral Medicine, 23* (Suppl.), S046.
26. Berlant, N. E., Kazi, A., & Perri, M. G. (2001). Increasing adherence to an exercise intervention using motivational enhancement. *Annals of Behavioral Medicine, 23* (Suppl.), S162.
27. Nowicki, R. D., Ketterson, T. U., Anton, S. D., Sydeman, S. J., & Perri, M. G. (2001). Psychometric properties of the Self-Administered Physical Activity Recall Questionnaire. *Annals of Behavioral Medicine, 23* (Suppl.), S098.
28. Duncan, G. D., Anton, S. D., Newton, R. L., & Perri, M. G. (2001). Perceived health impact of weight and fitness in black and white women. *Annals of Behavioral Medicine, 23* (Suppl.), S017.
29. Beacham, A. O., de Hoyos, D., Duncan, G. E., Sydeman, S. J., Limacher, M. C., Martin, A. D., Lowenthal, D. T., & Perri, M. G. (2000). Obesity and perceived exertion during exercise. *Annals of Behavioral Medicine, 22* (suppl. 1) S157.
30. de Hoyos, D., Beacham, A., Zhao, W., Hutson, B., Duncan, G., Sydeman, S., Limacher, M., Martin, D., Lowenthal, D., & Perri, M. (2000). Effects of obesity on ratings of perceived exertion during treadmill exercise. *Medicine and Science in Sports and Exercise, 32*, S200.

31. Park, T. L., Perri, M. G., & Rodrigue, J. R. (1999). Minimal intervention programs for weight loss in heart transplantation candidates. *Annals of Behavioral Medicine, 21*, S170.
32. Berlant, N. E., Newton, R. L., Durning, P., Campbell, C., Urizar, G., Anton, S. Locke, B., Sears, S., & Perri, M.G. (1999). Exercise promotion in a rural health clinic. *Annals of Behavioral Medicine, 21*, S030.
33. Anton, S. D., & Perri, M. G. (1999). Relation of body size expectations to eating and exercise patterns. *Annals of Behavioral Medicine, 21*, S125.
34. Duncan, G.E., Sydeman, S. J., Perri, M. G., Ernst, M., Limacher, M. C., & Martin, A. D. (1999). The seven-day physical activity recall overestimates exercise intensity and energy expenditure. *Circulation, 100 (Suppl 1)*, I-823.
35. Capuano, C. A., Krinick, G., Binks, M., Farris, J., Valenti, N., Mancini, D., Shipley, K., & Perri, M. G. (1999). Resistance training as a component of exercise: Effects on body weight, body mass index, and percent body fat in a sample of obese women. *Obesity Research, 7*, 88S.
36. Perri, M. G. & Nezu, A. M. (1998). Can weight loss be maintained? The effects of posttreatment programs. *Annals of Behavioral Medicine, 20*, S060.
37. Newton, R. L., & Perri, M. G. (1997). Health beliefs and obesity: Effects of race and obesity status. *Annals of Behavioral Medicine, 19*, S105.
38. Shigaki, C. L., Perri, M. G., & Block, A. J. (1996). Response of physician-referred versus self-referred patients to obesity treatment. *Proceedings of the Fourth International Congress of Behavioral Medicine*, S117.
39. Lynch, J. E., Perri, M. G., & Rout, W. R. (1996). Weight loss and adjustment following surgery for obesity. *Proceedings of the Fourth International Congress of Behavioral Medicine*, S237.
40. Braver, H. M., Block, A. J., & Perri, M. G. (1995). Treatment for snoring: Combination weight loss, positional therapy, and nasal spray. *American Journal of Respiratory and Critical Care Medicine, 151*, A538.
41. Leermakers, E. A., Perri, M. G., Shigaki, C. L., Fuller, P. R., & Guyer, L. K. (1995). Effects of maintenance programs on exercise and weight loss in the treatment of obesity. *Annals of Behavioral Medicine, 17*, S153.
42. Fuller, P. R., Perri, M. G., & Leermakers, E. A. (1994). Effect of a personalized system of skill acquisition in the treatment of obesity. *Annals of Behavioral Medicine, 16*, S084.
43. Fuller, P. R., Perri, M. G., & Grant, M. B. (1994). Effect of diabetes status on response to treatment of obesity. *Annals of Behavioral Medicine, 16*, S086.

44. Wollerman-Ronan, D., Perri, M. G., & Gillick, J. J. (1994). Leisure attitudes and behaviors among relapsed and nonrelapsed alcoholics. *Annals of Behavioral Medicine*, 16, S111.
45. Perri, M. G., Martin, A. D., Sears, S. F., Leermakers, E. A., & Notelovitz, M. (1993). Effects of supervised versus at-home exercise in the treatment of obesity. *Annals of Behavioral Medicine*, 15, 56.
46. Capuano, C. A., Tanaka, O., & Perri, M. G. (1993). Caloric restriction, physical activity, and the development of obesity in lean and during development on dietary obesity in genetically lean and obese rats. *International Journal of Obesity*, 15 (suppl. 3), 15.
47. Thailer, S. A., Perri, M. G., Arean, P. A., Joseph, T. X., McKelvey, W. F., Schein, R. L., & Katz, L. A. (1992). Anger and its relationship to blood pressure in male and female subjects. *Proceedings of Society of Behavioral Medicine* (p. 69).
48. Capuano, C. A., Tanaka, O., Waterbury, E., & Perri, M. G. (1991). Effect of long-term caloric restriction on the development of obese rats. *Proceedings of the Society of Behavioral Medicine*, (p. 61).
49. Nezu, A. M., Perri, M. G., & Nezu, C. M. (1989). Clinical decision making in behavioral medicine: A problem-solving perspective. [Abstract] *Proceedings of the Society of Behavioral Medicine* (p. 76).
50. Perri, M. G., Nezu, A. M., Patti, E. T., McCann, K. L. (1987). Does extending treatment for obesity improve weight loss? *Proceedings of the Society of Behavioral Medicine* (pp. 80-81).
51. Perri, M. G., McAdoo, W. G., McAllister, D. A., Jordan, R. C., Lauer, J. B., & Yancey, D. Z. (1986). Peer support versus therapist contacts as weight loss maintenance strategies. *Proceedings of the Society of Behavioral Medicine* (p. 102).
52. Perri, M. G., McAllister, D. A., Gange, J. J., Jordan, R. C., McAdoo, W. G. & Yancey, D. Z. (1985). Maintenance strategies for management of obesity. *Proceedings of the Society of Behavioral Medicine* (p. 31).
53. McAllister, D. A., Richmond, B. D., Perri, M. G., Newlin, D. B., Jordan, R. C., Rauscher, F. P., & Cockerill, E. M. (1984). Localized brain abnormalities in schizophrenia. *New Research Abstracts of the American Psychiatric Association* (#NR-145).
54. McAllister, D. A., Sattin, A., Perri, M. G., Rauscher, F. P., & Jordan, R. C. (1984). Effects of ECT given two versus three times weekly. *New Research Abstracts of the American Psychiatric Association* (#NR-9).
55. Perri, M. G., McAdoo, W. G., McAllister, D. A., & Lauer, J. B. (1983). The effects of aerobic exercise and social support in the behavioral treatment of obesity. *Proceedings of the Fourth International Congress on Obesity* (p. 67A).

56. Perri, M. G., Twentyman, C. T., Stalonas, P. M., Ludwig, W. W., Shapiro, R. M., Toro, P. A., & Zastowny, T. R. (1980) Enhancing the durability of behavioral treatments for obesity. *Proceedings of the Society of Behavioral Medicine* (pp. 40-41).
57. Perri, M. G. (1979). The empirical development of a behavioral role-playing test for the assessment of heterosocial skills in male college students. (Doctoral Dissertation, University of Missouri-Columbia, 1978). *Dissertation Abstracts International* 38, 5082B (University Microfilms No. 79-06, 907).

## SCIENTIFIC AND PROFESSIONAL PRESENTATIONS

More than 150 presentations at national and international meetings.

## GRANTS AND CONTRACTS

Title: Rural Lifestyle Intervention Treatment Effectiveness Trial (Rural LITE)  
Dates: 2008-2013  
Sponsor: National Heart, Lung, and Blood Institute, R18 HL 087800  
Award: \$3,614,359  
Role: Principal Investigator

Title: Treatment of Obesity in Underserved Rural Settings TOURS  
Dates: 2003-2008  
Sponsor: National Heart, Lung, and Blood Institute, R01 HL073326  
Award: \$2,604,956  
Role: Principal Investigator

Title: A Multi-center, Randomized, Double Blind, Placebo Controlled Study Comparing the Safety and Efficacy of Naltrexone Sustained Release (SR)/Bupropion Sustained Release (SR) and Placebo in Subjects with Obesity Participating in a Behavior Modification Program  
Dates: 2007-2009  
Sponsor: Orexigen Therapeutics, NB-302  
Award: \$1,009,022  
Role: Site Principal Investigator

Title: Promoting Healthy Weight with "Stability First" (subcontract)  
Dates: 2007-2011  
Sponsor: NIH/National Cancer Institute  
Award: \$112,172 (subcontract)  
Role: Co-Investigator (M. Kiernan, PI)

Title: Smart Home-Based Health platform for Behavioral Monitoring and Alteration for Diabetic and Obese Individuals  
Dates: 2007-2010  
Sponsor: National Institutes of Health, R21 DA024294  
Award: \$236,757  
Role: Co-Principal Investigator (A. Helal, PI)

Title: Cooperative Lifestyle Intervention Program (subcontract)  
Dates: 2005-2010  
Sponsor: NIH/National Heart Lung and Blood Institute, RO1 HL076441-01  
Award: \$247,212 (subcontract)  
Role: Co-Investigator (J. Rejeski, PI).

Title: Biological Effects of Weight Loss Plus Exercise in Older Obese African American Women  
Dates: 2006-2008  
Sponsor: University of Florida Research Opportunity Fund  
Award: \$81,876  
Role: Principal Investigator

Title: Claude D. Pepper Older American Independence Center (OAIC)  
Dates: 2007-2012  
Sponsor: NIH/National Institute of Aging, P30 AG028740-01  
Amount: \$1,393,287  
Role: Co-Investigator (M. Pahor, PI)

Title: Biological Effects of Weight Loss Plus Exercise in Elders.  
Dates: 2007-2009  
Sponsor: University of Florida Institute on Aging  
Award: \$150,000  
Role: Principal Investigator

Title: Sensible Treatment of Obesity in Rural Youth – STORY  
Dates: 2005-2008  
Sponsor: NIH/NIDDK, R34 DK071555-01  
Award: \$435,000  
Role: Co-Principal Investigator (D. Janicke, PI)

Title: Physical exercise to prevent disability pilot study  
Dates: 2003-2008  
Sponsor: NIH/NIA,1 UO1 AG022376-01  
Award: \$3,488,305/yr  
Role: Co-Investigator (M. Pahor, PI)

Title: Clinical Centers for the Clinical Trial and Observational Study of the Women's Health Initiative  
Dates: 1994-2005  
Sponsor: National Institutes of Health, NIH 08 NO1-WH-4-2129  
Award: \$10,008,238  
Role: Co-Principal Investigator (M. Limacher, PI)

Title: Enhanced Recruitment for the Clinical Trail of the Women's Health Initiative  
Dates: 1996-2005  
Sponsor: National Institutes of Health, NIH 08 NO1-WH-4-2129  
Award: \$2,928,355  
Role: Co-Principal Investigator (M. Limacher, PI)

Title: Dose-Response to Exercise and Cardiovascular Health  
Dates: 1998-2003  
Sponsor: National Heart, Lung, Blood Institute, 1 R01 HL58873  
Award: \$2,205,220  
Role: Principal Investigator

Title: Cognitive Behavioral Therapy for Obesity and its Mental Health Co-Morbidities  
Dates: 2003-2004  
Sponsor: NIH/NIMH 5 F31 MH68137 (NRSA mentored research award)  
Role: Principal Investigator (G. Ames, Mentee)

Title: A Multi-Center, Double-Blind, Randomized, Placebo-Controlled, Study of Treatment of Binge Eating Disorder  
Dates: 1999-2002  
Sponsor: Abbott (Knoll) Pharmaceutical Company  
Award: \$132,620  
Role: Site Principal Investigator

Title: Exercise in Primary Care Settings: Increasing Physical Activity in Sedentary Adults of Low Socio-Economic Status  
Dates: 1998-1999  
Sponsor: UF College of Health Professions Research Development Award  
Role: Principal Investigator

Title: Aerobic training and the treatment of obesity  
Dates: 1991-1993  
Sponsor: University of Florida Research Development Award  
Role: Principal Investigator

Title: Improving the effectiveness of behavioral treatment for moderate obesity  
Dates: 1988-1993  
Sponsor: Veterans Administration Merit Review Research Program  
Role: Principal Investigator

Title: Long-term behavioral management of obesity  
Dates: 1985-1988  
Sponsor: Veterans Administration Merit Review Research Program  
Role: Principal Investigator

Title: Maintenance strategies for behavioral treatment of obesity  
Dates: 1982-1985  
Sponsor: Veterans Administration Merit Review Research Program  
Role: Principal Investigator

Title: Evaluation of a maintenance program for behavior modification of obesity  
Dates: 1981-1982  
Sponsor: Veterans Administration Research Advisory Group  
Role: Principal Investigator

Title: Behavioral self-control and addictive behaviors  
Dates: 1979-1980  
Sponsor: Office of Naval Research, Grant No. N00014-75-C-0001  
Role: Principal Investigator

#### **DOCTORAL STUDENTS (Dissertation Chair or Co-Chair)**

John Krouse, 1980  
William Plaxco, 1980  
Peter Stalonas, 1980, Co-Chair  
Karen McCann, 1988  
Sara Green Schmidt, 1988  
Bonnie Weisener, 1989  
Wendy McKelvey, 1990  
David Renjilian, 1990  
Eugene Patti, 1990  
Diane Napolitano, 1990  
Patricia Arean, 1991  
Barbara Viegner, 1991  
Donna Wollerman-Ronan, 1992  
Pamela Fuller, 1994  
Elizabeth Leermakers, 1995  
Tricia Park, 1998, Co-Chair  
Patricia Durning, 2001, Co-Chair  
Robert Newton, 2002  
Stephen Anton, 2003  
William Kanasky, 2003, Co-Chair

Nicole Berlant, 2004  
Gretchen Ames, 2005  
Mary Murawski, 2007  
Katie Rickel, 2008  
Ninoska DeBraganza, in progress  
Vanessa Milsom, in progress  
Rachel Andre, in progress  
Lisa Nackers, in progress

## **PROFESSIONAL SERVICE**

### **Editorial and Review Activities:**

Consulting Editor, 2005-present, *ACSM's Fitness and Health Journal*  
Consulting Editor, 2000-present, *Eating Behaviors*  
Associate Editor, 1996-1998, *the Behavior Therapist*  
Consulting Editor, 1992-1993, *Health Psychology*  
Consulting Editor, 1991-1993, *Annals of Behavioral Medicine*  
Associate Editor, 1987-1994, *Psychology of Addictive Behaviors*  
Consulting Editor, 1986-1989,, *Journal of Consulting and Clinical Psychology*

### Ad Hoc reviewer

*Archives of Internal Medicine*  
*Addictive Behaviors*  
*American Psychologist*  
*American Journal of Clinical Nutrition*  
*American Journal of Epidemiology*  
*Annals of Behavioral Medicine*  
*Appetite*  
*Archives of Internal Medicine*  
*Behavioral Assessment*  
*Behavior Modification*  
*Behavior Therapy*  
*Clinical Psychology Review*  
*Cognitive Therapy and Research*  
*Health Psychology*  
*International Journal of Behavioral Medicine*  
*International Journal of Obesity*  
*Journal of Community Psychology*  
*Journal of Consulting and Clinical Psychology*  
*Journal of Counseling Psychology*  
*Journal of Personality Assessment*  
*Medicine and Science in Sports and Exercise*

*New England Journal of Medicine*  
*Obesity Research*  
*Pediatrics*  
*Psychosomatic Medicine*  
*Psychosomatics*  
*Preventive Medicine*  
*Psychological Bulletin*  
*The Behavior Therapist*  
*Southern Medical Journal*

Member, 2002-present, NIH/NIDDK Data and Safety Monitoring Board for the “Look AHEAD” trial of weight loss in patients with type 2 diabetes.

Member, 2004-2007, NIH/NHLBI Data and Safety Monitoring Board for the “POUNDS LOST” Trial.

Member, 2003-2007, NIH/NHLBI Data and Safety Monitoring Board for the “Weight Loss Maintenance Trial.”

Member, 2001, NIH/NIDDK Protocol Review Committee for the “Look AHEAD” trial of weight loss in patients with type 2 diabetes.

Ad-hoc Member (1993-present), various NIH Special Emphasis Review Sections

External Reviewer: Tenure and Promotions Committees of Other Institutions:

University of Texas Medical Branch, 2007  
Texas Tech University, 2004, 1997  
Mayo Medical School, 2004, 1998  
University at Albany, 2003  
University of Missouri-Kansas City, 2001  
Northwestern University, 2000  
Brown University, 2000  
University of Washington-Seattle, 1999, 1998, 2007  
Baylor College of Medicine, 1999, 1998  
Medical College of Pennsylvania-Hahnemann University, 1995, 1998  
Uniformed Services University of the Health Sciences, 1998  
Syracuse University, 1995, 1996

Consulting Reviewer, 1994, National Academy of Science, Institute of Medicine, Committee to Develop Criteria for Evaluating the Outcomes of Approaches to Prevent and Treat Obesity

Scientific Consultant, 1991, Federal Trade Commissions’ investigation of commercial weight-loss programs

Consulting Reviewer, 1990, *Surgeon General's Report*

## **PROFESSIONAL MEMBERSHIPS AND ACTIVITIES**

Member, 1978 to present, American Psychological Association (APA)

Member, Division of Clinical Psychology (Div. 12)

Member, Division of Health Psychology (Div. 38)

Member, Division on Addictions (Div. 50)

Member, Division of Exercise and Sport Psychology (Div. 47)

Chair (1995-1996), Convention Program Committee (APA Div 12)

Member, 1995, Site Visit Accreditation Team

Member, 1994-1995, Convention Program Committee (APA Div.12)

Member, 1994-1995, Convention Program Committee (APA Div. 38)

Member, 1978 -2005, Association for Advancement of Behavior Therapy (AABT)

Assistant Program Chair, 1999-2000, 2000 AABT Convention

Member, 1994-1996, Committee on Academic Training of AABT

Member, 1994-1995, Program Committee for 1995 AABT Convention

Member, 1992-1993, Program Committee for 1993 AABT Convention

Member, 1981 to present, Society of Behavioral Medicine (SBM)

Member, 2000-2001, 2001 Convention Program Committee

Member, 1996-1997, 1997 Convention Program Committee

Member, 1994-1995, 1995 Convention Program Committee

Member, 1992-1993, 1993 Convention Program Committee

Member, 1990 to present, North American Association for the Study of Obesity

Member, 2007 to present, American Public Health Association

Licensed Psychologist, State of Florida, PY 4419, 1990-present

## **AWARDS AND HONORS**

Samuel M. Turner Award, 2008, for Outstanding Achievement in Clinical Research, American Psychological Association.

Distinguished Visiting Scholar Lecture, 2006, University of Kansas Medical Center.

Elected Fellow, 2005, Society of Clinical Psychology, Division 12 of the American Psychological Association.

Graduate Psychology Education Program Distinguished Visiting Scientist, 2005, Department of Psychology, Texas Tech University.

Distinguished Psychologist Award, 2002, Florida Psychological Association, North Central Florida Chapter.

University of Florida Research Foundation Professorship, 2001-2004.

Diplomate in Clinical Psychology, American Board of Professional Psychology, 2001.

AABT Certificate of Appreciation for distinguished service as co-chair of the 2000 convention

Elected Fellow, 1999, Society of Behavioral Medicine.

Expert Panel Member, 1998-1999, American College of Sports Medicine Consensus Committee on Physical Activity and the Treatment of Obesity.

Member, 1998-1999, National Heart, Lung, and Blood Institute's Task Force on "Maintenance of Behavior Change in Cardiorespiratory Risk Reductions."

Named Fellow, 1998, North American Association for the Study of Obesity.

APA Division 12 Certificate of Appreciation for "distinguished service as chair of the Program Committee 1996"

Elected Charter Fellow, 1995, Division on Addictions, American Psychological Association.

Recipient, 1994, Audrey Schumacher Faculty Award for Outstanding Achievement in Clinical and Health Psychology, University of Florida.

Recipient, 1993, Faculty Research Award, University of Florida College of Health-Related Professions.

Elected Fellow, 1991, Division of Health Psychology, American Psychological Assoc.

Superior Performance Award, 1990, FDR VA Hospital, Montrose, NY.

Community Service Award, 1985 for Leadership in the Indianapolis United Way/Combined Federal Campaign.

Superior Performance Award, 1985, Richard L. Roudebush VA Medical Center, Indianapolis, IN.

US Public Health Service Fellow, 1973-1975, University of Missouri – Columbia.