

RADA DAGHER

Department of Health Services
Research, Management and Policy
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EDUCATION

Doctor of Philosophy (Ph.D.) in Health Services Research, Policy and Administration,

Division of Health Policy and Management, University of Minnesota, July 2007

Supporting Program: Public Policy and Inequalities

Dissertation: A Longitudinal Analysis of Postpartum Depression among Employed Women

Master of Public Health (MPH), American University of Beirut, June 2000

Concentration: Health Services Administration

Master's Project: Health Services Utilization and Cardiovascular Disease Risk Factors in a Lebanese Community

Bachelor of Science (BS) in Environmental Health, American University of Beirut, July 1998

PROFESSIONAL EXPERIENCE

Department of Health Services Research, Management, and Policy

College of Public Health and Health Professions, University of Florida, August 2007- present

Assistant Professor (Tenure Track)

- Teaches "Introduction to Public Health Administrative Systems" in the Master of Public Health (MPH) program
- Coordinates the Public Health Management and Policy concentration in the MPH program

School of Nursing, University of Minnesota, Fall 2004, Spring 2005, and Fall 2005

Graduate Instructor for the course "Population Focused Health Care Delivery Systems"

Carlson School of Management, University of Minnesota, Summers of 2003, 2004, 2005, and 2006

Graduate Instructor in the Health Care Management Independent Study Program (ISP)

HONORS AND AWARDS

- Nominated for the University of Minnesota Best Dissertation Award by the Department of Health Policy and Management, April 2008.
- Finalist for the Student Research Award at the Sixth International Conference on Occupational Stress and Health entitled "Work, Stress, and Health 2006", 2006.
- Travel Grant award from the Graduate and Professional Student Assembly (GAPSA) at the University of Minnesota to present at the Sixth International Conference on Occupational Stress and Health entitled "Work, Stress, and Health 2006", March 2-4, 2006.
- Best Student Abstract from the Pi Chapter of the Honorary Delta Omega Public Health Society at the University of Minnesota, 2005.
- Award winner in the national competition for the Delta Omega "Student Excellence in Public Health Poster Session" at the American Public Health Association 133rd annual meeting, 2005.

- Outstanding Student Paper in Maternal and Child Health at the American Public Health Association 133rd annual meeting, 2005.
- Best Student Poster Award at the AcademyHealth Annual research meeting, 2005.
- Professional Development Travel Award from the Department of Sociology at the University of Minnesota to present at the Eastern Sociological Society meeting, February 19-22, 2004.

FELLOWSHIPS

- Carlson School of Management Fellowship, University of Minnesota, Fall 2002 and Spring 2003.
- John E. and Marjorie L. Kralewski Family Fellowship, Division of Health Policy and Management, University of Minnesota, Fall 2001 and Spring 2002.
- Received 100% Graduate Assistantships from the Faculty of Health Sciences at the American University of Beirut for the 2 consecutive years of Masters Studies (1998-2000). Graduate assistantships cover full tuition and are granted based on academic performance.

ONGOING RESEARCH SUPPORT

- **Title:** Evaluating Medicaid Reform in Florida
Role: Co-investigator (PI: R. Paul Duncan)
Source: Florida Agency for Healthcare Administration, 1/1/06-6/30/10
Total Budget: \$2.5 million (10% salary support)
Time awarded: October, 2007
Description: Comprehensive 5 year evaluation of Florida's Medicaid Reform initiative, from CMS waiver to program development, implementation and operations. I participate in one of the three major evaluation projects entitled "Quality of Care, Outcomes, and Enrollee Experience Studies".

COMPLETED RESEARCH SUPPORT

- Dissertation funding of \$10,000 from the Midwest Center of Occupational Safety and Health, University of Minnesota, Grant # T42-OH008434, Spring semester, 2007.
- Competitive Research Grant of \$12,000 for the proposal "Job stress and the postpartum mental health of employed women" from the Pilot Project Research Training Program at the National Institute for Occupational Safety and Health, Grant # T42-CCT510422-10, Spring semester, 2004.

RESEARCH EXPERIENCE

Minnesota Population Center, Flexible Work and Well-Being Center, University of Minnesota, Summer and Fall 2006
 Research Assistant
 Project 1: Evaluation of a Workplace Intervention on Schedule Control: Impact on Employees' Health Services Use and Costs
 Project 2: Flexible Work and Well-being Study Wave 1A Preliminary Report
 Project 3: Conceptualization of Work-Family Conflict

Division of Environmental Health Sciences, University of Minnesota, Spring and Summer 2004, Summer 2005, Spring 2006, and Summer 2007

Research Assistant

Project 1: Predictors of Postpartum Depression among Employed Women in Minnesota

Project 2: Postpartum Women's Awareness of Family Leave Policies in Minnesota

Project 3: The Psychosocial Work Environment and Maternal Postpartum Depression

Project 4: Successful Return to Work for Traumatic Work Injury and Cancer Survivors

Project 5: Total Workload and Postpartum Health: A Longitudinal Analysis

Department of Information and Decision Sciences, University of Minnesota, Fall 2002 and Spring 2003

Research Assistant

Project: Medical Errors in the Management of Type 2 Diabetes

The State Health Access Data Assistance Center (SHADAC), Division of Health Services Research and Policy, University of Minnesota, Spring and Summer 2002

Research Assistant

- Conducted statistical analyses on the Current Population Survey (CPS) data set
- Read and abstracted literature related to best practices in designing income and labor surveys and literature on mental health parity in the United States

Health Behavior and Education Department, American University of Beirut, Spring 2001

Research Assistant

Project: Health Services Utilization and Cardiovascular Disease Factors in a Lebanese Community

Workshop: Management of Health Projects

Health Services Administration Department, American University of Beirut, Fall 2001

Research Assistant

Project: Determinants of Cesarean Deliveries in Beirut Hospitals

Health Services Administration Department, American University of Beirut, Fall 1999 & Spring 2000

Resident and Research Assistant

Project 1: Feasibility and Effects of Shifting the Mix of Tertiary Care, Primary Care, Prevention and Promotion in Dealing with Cardiovascular Disease in Lebanon

Project 2: Oral Hygiene and Lifestyle Correlates among New Undergraduate Students in Lebanon

Environmental Health Department, American University of Beirut, Summer 1999

Research Assistant

Project: Accidents and Injuries among Adolescents in Lebanon

Epidemiology and Biostatistics Department, American University of Beirut, Fall 1998 and Spring 1999

Research Assistant

Project: Reproductive Health of Women in an Underserved Lebanese Area

TEACHING EXPERIENCE

Department of Health Services Research, Management & Policy, University of Florida, Spring 2008, Summer 2008

Course Instructor

Course Title: Introduction to Public Health Administrative Systems (PHC 6102: 3 Credits)

Course Description: It covers the basics of administration, including public health law, human resources management, budgeting and financing, and legislative relations in public health

Department of History, University of Minnesota, Spring 2006
Private Statistics Tutor for a PhD Student
Dissertation Title: Using Interactive Maps to Explore Risk Factors for Racial Violence in Reconstruction Era Kentucky

School of Nursing, University of Minnesota, Fall 2004, Spring 2005, and Fall 2005
Graduate Instructor
Course Title: Population Focused Health Care Delivery Systems (NURS 8242: 2 Credits)
Course Description: Healthcare delivery systems, health care organizations, and their relationship to the health of diverse populations are described and models of population-focused care are explored

School of Nursing, University of Minnesota, Fall 2005
Teaching Assistant
Course Title: Health Care Leadership for a Changing World (NURS 8241: 2 Credits)
Course Description: Application of leadership theory and research to strengthen the student's capacity to positively change the health care delivery system

Carlson School of Management, University of Minnesota, Summers of 2003, 2004, 2005, and 2006
Graduate Instructor in the Health Care Management Independent Study Program (ISP)
Course Title: Social Policy
Course Description: The course defines social policy and the factors influencing it, examines health policy as an example of social policy, describes the US policymaking process and the role of health care providers, and details an eight-step process for policy analysis

Carlson School of Management, University of Minnesota, Fall 2003 and Spring 2004
Thesis Adviser in the Health Care Management Independent Study Program (ISP)
Thesis Title: Factors that Influence Frequent Utilization of an Urgent Care Center

Department of Epidemiology, University of Minnesota, Fall 2003
Teaching Assistant
Course Title: Fundamentals of Epidemiology (PubH 5320: 3 Credits)

ADMINISTRATIVE, POLICY, AND SERVICE EXPERIENCE

- Serves as the coordinator of the Public Health Management and Policy concentration in the Master of Public Health program at the University of Florida, August 2007-Present
- Serves on the Public Health operational Committee at the University of Florida, August 2007-Present
- Serves as an adviser for students in the Master of Public Health and the Master of Health Administration programs at the University of Florida, August 2007-Present
- Serves as a reviewer for "Occupational and Environmental Medicine" journal, 2005 – Present.
- Serves as a reviewer for "Annals of Family Medicine" journal, 2007 – Present.
- Serves as a reviewer of grant proposals for The Netherlands Organization of Health, Research and Development (ZonMw) Prevention Program, 2007 – Present.
- Served as a Graduate Student Representative of the Health Services Research and Policy program on the Health Sciences Policy and Review Council at the University of Minnesota (U of M), Fall 2004 and Spring 2005.
- Served as a Council of Graduate Students Senator at the meetings of the University Senate and the meetings of the Graduate and Professional Student Assembly at the U of M, Fall 2003 and Spring 2004.

- Participated in the annual program of the Division of Health Services Research and Policy in Washington, D.C., Spring 2003, which is a three-day mix of meetings with members of Congress, agency heads, think tanks, lobbyists and journalists, health policy presentations, and visits to key places in D.C. such as the US Senate and the Library of Congress.

REFEREED PUBLICATIONS

- McGovern, P., Dowd, B., Gjerdingen, D., **Dagher, R.**, Ukestad, L., McCaffrey, D., & Lundberg, U. (2007). Employed mothers' health at eleven weeks postpartum. *Annals of Family Medicine*, 5(6), 519-527.
- Nachreiner, N., **Dagher, R.**, McGovern, P., Baker, B., Alexander, B., & Gerberich, S. (2007). Successful return to work for cancer survivors, *AAOHN Journal*, 55(7), 290-295.
- Kassak, K.M., **Dagher, R.**, & Doughan, B. (2001). "Oral hygiene and lifestyle correlates among new undergraduate students in Lebanon", *Journal of American College Health*, 50(1), 15-20.

MANUSCRIPTS UNDER REVIEW

- **Dagher, R.**, McGovern, P., Alexander, B., Dowd, B., Ukestad, L., & McCaffrey, D. The psychosocial work environment and maternal postpartum depression. (Under review: *International Journal of Behavioral Medicine*)

MANUSCRIPTS IN PREPARATON

- **Dagher, R.**, McGovern, P., Dowd, B. The impact of work-related and personal factors on postpartum depression: A longitudinal analysis. (To be sent to *Health Services Research*).
- **Dagher, R.**, McGovern, P., Dowd, B. Predictors of postpartum depression among employed women five weeks after childbirth.
- **Dagher, R.**, & Hall, A. Healthcare experiences of Medicaid enrollees in Florida.
- McGovern, P., **Dagher, R.**, Roeber-Rice, H. A longitudinal analysis of total workload and women's health after childbirth. (To be sent to *The Scandinavian Journal of Work, Environment and Health*).
- **Dagher, R.** The healthcare response to domestic violence: What should states mandate?

INVITED BOOK CHAPTERS

- **Dagher, R.**, McGovern, P., McAlpine, D., Moen, P., & Harman, J. (2008). Postpartum depression among employed women: A psychosocial stress perspective. In W. Hansson and E. Olsson (Ed.), *New Perspectives on Women and Depression* (pp. 55-77). Hauppauge, NY: Nova Science Publishers.

REPORTS, INVITED PAPER DISCUSSIONS, & ONLINE CONFERENCE PROCEEDINGS

- Hall, A. G., Young, G. C., Bell, L. L., Thompson, K. S., Elliott, K. S., & **Dagher, R. K.** (June, 2008). Medicaid reform: Findings from year 2 of the qualitative study. Department of Health Services Research, Management and Policy, University of Florida. Under contract to: Florida Agency for Health Care Administration, Bureau of Medicaid Quality Management.

- Moen, P., Kelly, E., Magennis, R., Huang, Q., **Dagher, R.**, Ammons, S., Chermack, K., Huang, R., Hernandez, E., McGovern, P. & Van de ven, A. (2007). Flexible Work and Well-Being Study Wave 1A Preliminary Report. Flexible Work and Well-Being Center.
- **Dagher, R.** A wake up call for employers! (24 April, 2006). Invited discussion for the publication: McGovern, P., Dowd, B., Gjerdingen, D., Gross, C., Kenney, S., Ukestad, L., McCaffrey, D., & Lundberg, U. (2006). Postpartum health of employed mothers 5 weeks after childbirth. *Annals of Family Medicine*, 4, 159-167.
- McGovern, P., Kenney, S., **Dagher, R.**, Ukestad, L., & McCaffrey, D. (2004, October 1). *Six weeks after birth: Women's health and awareness of family and medical leave benefits*. Proceedings from the conference: After birth: Policies for healthy women, families, and workplaces, Humphrey Institute of Public Affairs, University of Minnesota. (<http://www.hhh.umn.edu/centers/wpp/afterbirth/proceedings.html>)

CONFERENCE PRESENTATIONS

- "Job Strain, Work-family Conflict, and Maternal Postpartum Depression: A Longitudinal Analysis". **R. Dagher** with P. McGovern, & B. Dowd (Oral Presentation). *AcademyHealth Annual Research Meeting*. Washington, DC, June 8-10, 2008.
- "Postpartum Depression and Health Services Expenditures among Employed women". **R. Dagher** with P. McGovern, B. Dowd, D. McAlpine, L. Ukestad, D. McCaffrey (Oral Presentation). *The American Public Health Association 135th Annual Meeting*. Washington, DC, November 3-7, 2007.
- "The Healthcare Response to Domestic Violence: Mandatory Reporting or Routine Screening?", **R. Dagher** (Poster presentation). *National Conference on Health and Domestic Violence*. San Francisco, California, March 16-17, 2007.
- "Job Strain and Postpartum Depression among Employed Women". **R. Dagher** with P. McGovern, B. Alexander, B. Dowd, L. Ukestad, D. McCaffrey (Oral Presentation). *The Sixth International Conference on Occupational Stress and Health entitled "Work, Stress, and Health 2006: Making a Difference in the Workplace"*. Miami, Florida, March 2-4, 2006.
- "A Longitudinal Analysis of Job Stress and Maternal Postpartum Depression". **R. Dagher** with P. McGovern, B. Dowd, L. Ukestad, D. McCaffrey (Poster Presentation). *The Student Excellence in Public Health Poster Session held by the Honorary Delta Omega Society at the American Public Health Association 133rd Annual Meeting*. Philadelphia, Pennsylvania, December 10-14, 2005.
- "A Longitudinal Analysis of Job Stress and Maternal Postpartum Depression". **R. Dagher** with P. McGovern, B. Dowd, L. Ukestad, D. McCaffrey (Oral Presentation). *The Fourth Annual Outstanding Student Papers in Maternal and Child Health Showcase, at the American Public Health Association 133rd Annual Meeting*. Philadelphia, Pennsylvania, December 10-14, 2005.
- "A Longitudinal Analysis of Postpartum Depression among Employed Women". **R. Dagher** with P. McGovern, B. Dowd, L. Ukestad, D. McCaffrey (Poster Presentation). *AcademyHealth Annual Research Meeting*. Boston, Massachusetts, June 26-28, 2005.
- "Job Characteristics and Postpartum Depression: A Longitudinal Analysis". **R. Dagher** with P. McGovern, B. Dowd, L. Ukestad, D. McCaffrey (Poster Presentation). *The National Occupational Research Agenda (NORA) Program Seminar Series*. Minneapolis, Minnesota, April 21, 2005.
- "A Longitudinal Analysis of Maternal Postpartum Depression". **R. Dagher** with P. McGovern, B. Dowd, L. Ukestad, D. McCaffrey (Oral Presentation). *The Ninth Annual Minnesota Health Services Research conference*. Minneapolis, Minnesota, March 1, 2005.

- “Predictors of Postpartum Depression among Employed Women”. **R. Dagher** with P. McGovern, B. Dowd, L. Ukestad, D. McCaffrey (Oral Presentation). *The National Occupational Research Agenda (NORA) symposium: Health and Safety Priorities for the 21st Century*. Minneapolis, Minnesota, May 26-27, 2004.
- “Job Stress and the Postpartum Mental Health of Employed Women”. **R. Dagher** with P. McGovern (Oral Presentation). *The Eastern Sociological Society meeting*. New York City, New York, February 19-22, 2004.

ABSTRACTS ACCEPTED FOR CONFERENCE PRESENTATIONS

- “Longitudinal Analysis of the Psychosocial Work Environment and Postpartum Depression”. **R. Dagher** with P. McGovern, & B. Dowd (Oral Presentation). *Third ICOH International Conference on Psychosocial Factors in the Workplace*. Quebec, Canada, September 1-4, 2008.
- “Postpartum Depression among Employed Mothers in the First Year after Childbirth”. **R. Dagher** with P. McGovern, & B. Dowd (Oral Presentation). *The American Public Health Association 136th Annual Meeting: Carol Mowbray Symposium on Maternal Mental Health*. San Diego, CA, October 25-29, 2008.

PROFESSIONAL DEVELOPMENT

Midwest Center for Occupational Health and Safety, School of Public Health, University of Minnesota
Continuing Education Course
NORA Program Seminar Series: “Health and safety issues in the aging workforce”, April 21, 2005,
Minneapolis, Minnesota

Midwest Center for Occupational Health and Safety, School of Public Health, University of Minnesota
Continuing Education Course
NORA Program Seminar Series: “Consequences of thinking about environmental and occupational health as separate entities”, March 30, 2005, Minneapolis, Minnesota

Midwest Center for Occupational Health and Safety, School of Public Health, University of Minnesota
Continuing Education Course
NORA Program Seminar Series: “Reaching the hard to reach: Outreach programs for vulnerable working populations”, February 24, 2005, Minneapolis, Minnesota

Graduate School, University of Minnesota, Fall 2004
Preparing Future Faculty Course: Teaching in Higher Education
Course Description: This course presented the theory and applications in the field of teaching. It covered a variety of teaching strategies, new teaching paradigms, diversity of learning styles and learners, course design, planning class sessions, syllabus design, managing classroom dynamics, and assessment and evaluation of teaching.

PROFESSIONAL MEMBERSHIPS

AcademyHealth
American Public Health Association
Eastern Sociological Society
Minnesota Population Center
Florida Public Health Association

