



PHHP College Council Meeting Minutes: 9/20/06

- **Presentation by Beth-Ann Rau of HOPE**
 - (see end note)
- **Volleyball tournament**
 - Time and date are set: November 5th, at 2:00PM.
 - SWRC sand courts, benefiting Camp Boggy Creek.
 - Teams of 3-6 players.
 - Passed out flyers
 - **Ideas to get students involved**
 - Open to any UF Student
 - \$3 to play
 - Greek IM, Org teams- Morgan has volunteered to go to other Greek houses and speak to them about the event and will give info to service chairs.
We asked students belonging to other orgs to ask them to participate (i.e., Golden Key, Greek orgs)
- **Volunteer project**
 - HOPE Fall semester, CBC Spring
General consensus showed that going to HOPE on Sundays would be a much better idea. Janet will be planning a few days for us to go this semester.
- **5-K Idea**

Potential problem... Many 5-Ks are happening in the next month, and realistically, if we tried to do another, not many people would go. (Other ones are GatorWalk, which everyone will be doing for the Billy Donovan factor, and the SPTA Trick or Trot)

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- **Last year's volleyball total was... \$500. We would like to see that amount greatly increased this year.**
- **Organization Announcements**
 - **Pre-Med/Med student Mixer, Sept. 28th, 6-8PM (email Janet to get a copy of the flyer with more info)**
 - **4th Annual Healing Hands Trick or Trot 5-K, sponsored by SPTA (Student PT Assoc), Sat., October 14, 2006, 8am. \$12 to pre-register and get a t-shirt. Proceeds benefiting SPTA's Nicaragua Project (annual trip to integrate modern PT methods into PT schools and clinics in Nicaragua.) Flyer will be emailed to members this week.**
- **Next meeting is October 4th, 2006. Time TBA (either 5 or 5:30).**

HOPE Presentation:

HORSES HELPING PEOPLE is a program based in Archer that uses equine therapy methods. It's basically the same therapy techniques that could be used in an office setting, but the horses serve for more sensory integration, and has shown to work very well in patients (helps autistic people ease into their surroundings, ADHD people calm down, etc).

HOPE has physical/occupational/speech and cognitive therapy available, with all the respective therapists on hand.

Volunteers who have horse experience can exercise horses, lead the horses during sessions, groom and tack them.

Volunteers who have not assist in side-walking (walking alongside the horse during sessions and interacting with the patient), stall cleaning, grooming, cleaning, etc.

Commitment is similar to volunteering at Shands- full semester commitment, 2 hours each time, weekly.

Orientations are being held next week for those interested in volunteering individually (email Janet for more info).

College Council will be going to HOPE a few times over the semester to have work days where we will be doing whatever is needed- landscaping in front of the office, barn work, grooming, painting- whatever is needed. We will be announcing when these days are, and are very excited about getting started!