

CURRICULUM VITAE

MICHAEL G. PERRI

GENERAL INFORMATION

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EDUCATIONAL BACKGROUND

PhD Clinical Psychology, 1978, University of Missouri—Columbia

Internship Clinical Psychology, 1977-1978, University of Minnesota

MA Psychology, 1975, University of Missouri—Columbia

BS (honors) Psychology, 1973, Fordham University

ACADEMIC AND CLINICAL APPOINTMENTS (Current)

University of Florida

Interim Dean, College of Public Health and Health Professions, June 2007-present

Professor, Department of Clinical and Health Psychology, 1990-present

Professor, Department of Medicine (joint appointment), 1998-present

Professor, Department of Behavioral Science and Community Health
(joint appointment), 2007-present

Psychologist, Shands Hospital at the University of Florida, 1990-present

ACADEMIC AND CLINICAL APPOINTMENTS (Previous)

University of Florida

Associate Dean for Research, College of Public Health and Health Professions, 2004-2007

Director, Psychology Internship Program, 1992-2004

Area Head, Health Psychology Division, 1990-2004

Oxford University (U.K.), Harris-Manchester College

Visiting Professor, summer 2000

Fairleigh Dickinson University, Department of Psychology

Professor and Deputy Chair, 1989-1990,

Associate Professor, 1985-1989

Franklin Delano Roosevelt VA Hospital

Research Coordinator (part-time), 1985-1990

Indiana University School of Medicine and Indianapolis VA Medical Center (VAMC)

Associate Professor, 1985

Assistant Professor, 1980-1985

Chief Psychologist, VAMC, 1981-1985

Staff Psychologist, VAMC, 1980-1981

University of Rochester

Assistant Professor, 1978-1980

PUBLICATIONS

Journal Articles:

1. Befort, C. A., Donnelly, J. E., Sullivan, D. K., Ellerback, E. F., & Perri, M. G. (in press). Group versus individual phone-based obesity treatment for rural women: A pilot study. *Eating Behaviors*.
2. Wilfley, D. E., Van Buren, D. J., Theim, K. R., Stein, R. I., Saelens, B. E., Ezzet, F., Russian, A. C., Perri, M. G., & Epstein, L. H. (in press). The use of predictive biosimulation in the design of a novel multi-level weight loss maintenance program for overweight children. *Obesity*.
3. Manini, T. M., Newman, A. B., Fielding, R., Blair, S., Perri, M. G., Anton, S. A., Goodpaster, B. C., Katula, J., Rejeski, J., Kritchevsky, S. Hsu, F.-C., Pahor, M. and the LIFE Research Group (in press). Effects of exercise on mobility in obese and non-obese older adults. *Obesity*.
4. Janicke, D. M., Bethany J. Sallinen, B. J., Perri, M. G., Lutes, L. D., Silverstein, J. H. & Brumback, B. (in press). Comparison of program costs for parent-only and family-based interventions for pediatric obesity in medically underserved rural settings. *Journal of Rural Health*.
5. Murawski, M. E., Vanessa A. Milsom, V. A., Ross, K. M., Rickel, K. A., DeBraganza, N., Gibbons, L. M., & Perri, M. G. (2009). Problem solving, treatment adherence and weight-loss outcome among women participating in lifestyle treatment for obesity. *Eating Behaviors, 10*, 146-151.
6. Ross, K.M., Milsom, V.A., Rickel, K.A., DeBraganza, N., Gibbons, L. M., Mary E. Murawski, M.E., & Perri, M.G. (2009). The contributions of weight loss and increased physical fitness to improvements in health-related quality of life. *Eating Behaviors, 10*, 84-88.
7. Perri, M. G., Limacher, M. C., Durning, P. E., Janicke, D. M., Lutes, L. D., Bobroff, L. B., Dale, M. S., Daniels, M. J., Radcliff, T. A., & Martin A. D. (2008). Extended-care programs for weight management in rural communities: The Treatment of Obesity in Underserved Rural Settings (TOURS) Randomized Trial. *Archives of Internal Medicine, 168*, 2347-2354.
8. Janicke, D. M., Sallinen, B. J., Perri, M. G., Lutes, L. D., Huerta, M., Silverstein, J., & Brumback, B.A. (2008). Comparison of parent-only vs. family-based interventions for

- overweight children: Outcomes from Project STORY. *Archives of Pediatrics and Adolescent Medicine*, 162, 1119-1125.
9. Tinker, L. F., Bonds, D. E., Margolis, K. L., Manson, J. E., Howard, B. V., Larson, J., Perri, M. G., Beresford, S. A. A., Robinson, J., Rodriguez, B., Safford, M., Wenger, N., Stevens, V., & Parker, L. M. (2008). Low-Fat Dietary Pattern and Risk of Treated Diabetes Mellitus in Postmenopausal Women: The Women's Health Initiative (WHI) Randomized Controlled Dietary Modification Trial (DMT). *Archives of Internal Medicine*, 168, 1500-1511.
 10. Janicke, D. M., Sallinen, B. J., Perri, M. G., Lutes, L. D., Silverstein, J. H., Huerta, M. G., & Guion, L.A. (2008). Sensible Treatment of Obesity in Rural Youth (STORY): design and methods. *Contemporary Clinical Trials*, 29, 270-280.
 11. Wilfley, D. E., Crow, S. J., Hudson, J. I., Mitchell, J. E., Berkowitz, R. I., Blakesley, V., Walsh, B. T., and the Sibutramine Binge Eating Disorder Research Group. (2008). Efficacy of sibutramine for the treatment of binge eating disorder: A randomized multi-center placebo-controlled double-blind study. *American Journal of Psychiatry*, 165, 51-58.
 12. Wiens, B. A., Evans, G. D., Radunovich, H. L., Torres, N. I., Rozensky, R. H., Perri, M. G., & Janicke, D. M. (2007). A collaboration between Extension and Psychology to improve health for rural Americans: The National Rural Behavioral Health Center. *Journal of Rural Community Psychology*. E10(1).
Available from <http://www.marshall.edu/jrcp/V10%20N1/Wiens/Wiens.pdf>
 13. Tinker, L. F., Rosal, M.C., Young, A. F., Perri, M. G., Patterson, R. E., Van Horn, L. V., Assaf, A. R., Bowen, D. J., Ockene, J., Hays, J., & Wu, L.L. (2007). Predictors of dietary change and maintenance in the Women's Health Initiative (WHI) Dietary Modification (DM) Trial. *Journal of the American Dietetic Association*, 105, 1155-1165.
 14. The LIFE Study Investigators. (2007). Effects of a physical activity intervention on measures of physical performance: Results of the Lifestyle Interventions and Independence for Elders Pilot (LIFE-P) Study. *Journal of Gerontology: Medical Sciences*, 61A, 1157-1165.
 15. McTiernan, A., Wu, L.L., Chen, C., Chlebowski, R. Mossavar-Rahmani, Y., Modugno, F., Perri, M.G., Stanczyk, F.Z., Van Horn, L., Wang, C.Y., & the WHI Investigators. (2006). Relation of body mass index and physical activity to sex hormones in postmenopausal women. *Obesity*, 14, 1662-1677.

16. Beresford, S.A. et al. (2006). Low-fat dietary pattern and risk of colorectal cancer: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. *JAMA*, 295, 643-654.
17. Howard, B.V. et al. (2006). Low-fat dietary pattern and risk of cardiovascular disease: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. *JAMA*, 295, 655-666.
18. Duncan, G. E., Anton, S. A., Sydemann, S.J., Newton, R. L., Jr., Corsica, J. A., Durning, P. A., Ketterson, T. U., Martin, A. D., Limacher, M. C., & Perri, M. G. (2005). Prescribing exercise at varied levels of intensity and frequency: a randomized trial. *Archives of Internal Medicine*, 165, 2362-2369.
19. Anton, S.D., Perri, M. G., Riley, J., III, Kanasky, W. F., Rodrigue, J. R., Sears, S., & Martin, A. D. (2005). Differential predictors of adherence in exercise programs with moderate versus higher levels of intensity and frequency. *Journal of Sport & Exercise Psychology*, 27, 171-187.
20. Ames, G. E., Perri, M. G., Fox, L. D., Fallon, E. A., DeBraganza, N., Murawski, M. E., Pafumi, L., & Hausenblas, H. A. (2005). Changing weight-loss expectations: A randomized pilot study. *Eating Behaviors*, 6, 259-269.
21. Perri, M. G. (2005). Helping women lose weight. *Journal Watch: Women's Health*, 25, 13-15.
22. Kleiner, K. D., Gold, M. S., Frost-Pineda, K., Lenz-Brunsmann, B., Perri, M. G., Jacobs, W. S. (2004). Body mass index and alcohol use. *Addictive Disorders*, 23, 105-18.
23. Newton, R. L., Jr., & Perri M. G. (2004). Improving fitness in sedentary African-American adults: A randomized trial of a culturally-sensitive treatment. *Ethnicity and Disease*. 14, 548-557.
24. Duncan, G. E., Perri, M. G., Anton, S. D., Limacher, M. C., Martin, A. D., Lowenthal, D. T., Arning, E., Bottiglieri, T. & Stacpoole, P. W. (2004). Effects of exercise on emerging and traditional cardiovascular risk factors. *Preventive Medicine*, 29, 894-902.
25. Women's Health Initiative Study Group (2004). Dietary Adherence in the Women's Health Initiative Dietary Modification Trial. *Journal of the American Dietetic Association*, 104, 654-658.

26. Park, T. L., Perri, M. G., & Rodrigue, J. R. (2003). Minimal intervention programs for weight loss in heart transplant candidates: A preliminary examination. *Progress in Transplantation, 13*, 284-288.
27. Duncan, G. E., Perri, M. G., Theriaque, D. W., Hutson, A. D., Eckel, R. H., & Stacpoole, P. W. (2003). Exercise training, without weight loss, increases insulin sensitivity and postheparin plasma lipase activity in previously sedentary adults. *Diabetes Care, 26*, 567-572.
28. Duncan, G. E., Anton, S. D., Newton, R. L., & Perri, M. G. (2003). Relation of perceived health to physiological measures of health in black and white women. *Preventive Medicine, 36*, 624-628.
29. Manson, J. E., Greenland, P., La Croix, A. Z., Stefanick, M. L., Mouton, C. P., Oberman, A. Perri, M. G., Sheps, D. S., Pettinger, M. B., & Siscovick, D. S. (2002). Walking compared with vigorous exercise for the prevention of cardiovascular events in women. *New England Journal of Medicine, 347*, 716-725.
30. Perri, M. G., Anton, S. D., Durning, P. E., Ketterson, T. U., Sydeman, S. J., Berlant, N.E., Kanasky, W. F., Jr., Newton, R. L., Jr., Limacher, M. C., & Martin, A. D. (2002). Adherence to exercise prescriptions: Effects of prescribing moderate versus higher levels of exercise intensity and frequency. *Health Psychology, 21*, 452-458.
31. Tinker, L. F., Perri, M. G., Patterson, R. E., Bowen, D. J., McIntosh, M., Parker, L. M., Sevick, M. A., Wodarski, L. A. (2002). The effects of physical and emotional status on adherence to a low-fat dietary pattern in the Women's Health Initiative. *Journal of the American Dietetic Association, 102*, 789-800.
32. Manson, J. E., Lewis, C., Allen, C., Johnson, K., Stefanik, M., Foreyt, J. P., Kelsges, R., Tinker, L., Noonan, E., Perri, M.G., & Hall, D. (2002). Ethnic, Socioeconomic, and lifestyle correlates of obesity in U.S. women. *Clinical Journal of Women's Health, 1*, 25-34.
33. Kanasky, W. F., Jr., Anton, S. D., Rodrigue, J. R., Perri, M. G., Szwed, T., & Baz, M. A. (2002). Impact of body weight on long-term survival after lung transplantation. *Chest, 21*, 401-406.
34. Rodrigue, J. R., Kanasky, WF, Marhefka, S. L., Perri, M.G., & Baz, M. (2002). A psychometric normative database for pre-lung transplantation evaluations. *Journal of Clinical Psychology in Medical Settings, 8*, 229-236

35. Perri, M. G., Nezu, A. M., McKelvey, W. F., Shermer, R. L., Renjilian, D. A., & Viegner, B. J. (2001). Relapse prevention training and problem solving therapy in the long-term management of obesity. *Journal of Consulting and Clinical Psychology, 69*, 722-726.
36. Renjilian, D. A., Perri, M. G., Nezu, A. M., McKelvey, W. F., Shermer, R. L., & Anton, S. A. (2001). Individual versus group therapy for obesity: Effects of matching participants to their treatment preferences. *Journal of Consulting and Clinical Psychology, 69*, 717-721.
37. Duncan, G.E., Sydeman, S.J., Perri, M.G., Limacher, M.C., & Martin, A.D. (2001). Can sedentary adults accurately recall the intensity of their physical activity? *Preventive Medicine, 33*, 18-26.
38. Rodrigue, J. R., Kanasky, W. F., Marhefka, S. L., Perri, M. G., & Baz, M. (2001). A psychometric normative database for pre-lung transplantation evaluations: The Florida Cohort 1994-1997. *Journal of Clinical Psychology in Medical Settings, 8*, 229-236.
39. Richards, S. & Perri, M. G. (2001). Depression and suicide in general health care patients. *Outlook, A Quarterly Newsletter of the Society of Behavioral Medicine, Summer*, 4-5.
40. Anton, S. D., Perri, M. G., & Riley, J. R., III, (2000). Relation of body image discrepancy to eating and exercise patterns in college-age women. *Eating Behaviors, 2*, 153-160.
41. Rodrigue, J. R., Kanasky, W. F., Jackson, S. I., & Perri, M. G. (2000). The Psychosocial Adjustment to Illness Scale (Self-Report): Factor structure and item stability. *Psychological Assessment, 12*, 409-413.
42. Sherman, A. M., Bowen, D. J., Vitolins, M., Perri, M. G., Rosal, M. C., Sevick, M. A., & Ockene, J. K. (2000). Dietary adherence: Characteristics and interventions. *Controlled Clinical Trials, 21*, 206S-211S.
43. Martin, K. A., Bowen, D. J., Dunbar-Jacob, J., & Perri, M. G. (2000). Who will adhere? Key issues in the study and prediction of adherence in randomized controlled trials. *Controlled Clinical Trials, 21*, 195S-199S
44. Rodrigue, J. R., Jackson, S. I., & Perri, M. G. (2000). The Medical Coping Modes Questionnaire: Factor structure for adult organ transplant candidates. *International Journal of Behavioral Medicine, 7*, 89-110.

45. Kumanyika, S. K., Van Horn, L., Bowen, D., Perri, M. G., Rolls, B., Czjakowski, S., & Schron, E. (2000). Maintenance of dietary behavior change. *Health Psychology, 19* (suppl. 1), 42-56.
46. Leermakers, E. A., Perri, M. G., Shigaki, C. L., & Fuller, P. R. (1999). Effects of exercise-focused versus weight-focused maintenance programs on the management of obesity. *Addictive Behaviors, 24*, 219-227.
47. Sears, S. F., Rodrigue, J. R., Sirois, B., Urizar, G., & Perri, M. G. (1999). Extending psychometric norms for pre-cardiac transplantation evaluations: The Florida Cohort 1990-1996. *Journal of Clinical Psychology in Medical Settings, 6*, 303-316.
48. Streisand, R. M., Rodrigue, J. R., Sears, S. F., Perri, M. G., Davis, G. L., & Banko, C. G. (1999). A psychometric normative database for pre-liver transplant evaluations: The Florida Cohort 1991-1996. *Psychosomatics, 40*, 479-485.
49. Grundy, S. M., Blackburn, G., Higgins, M., Lauer, R., Perri, M. G., Ryan, D. (1999). Physical activity in the treatment of obesity and its co-morbidities. *Medicine and Science in Sports and Exercise, 31*, 1493-1500.
50. Perri, M. G. (1998). The maintenance of treatment effects in the management of obesity. *Clinical Psychology: Science and Practice, 5*, 526-543.
51. Fuller, P. R., Perri, M. G., Leermakers, E. A., & Guyer, L. K. (1998). Effects of a personalized system of skill acquisition and an educational program in the treatment of obesity. *Addictive Behaviors, 23*, 97-100.
52. Durning, P. E., Perri, M. G., Rodrigue, J. R., Banko, C. G., Streisand, R. M., Esquerre, J. M., & Davis, G. L. (1998). MMPI profiles of liver and heart transplant candidates with and without significant histories of heavy alcohol use. *Journal of Clinical Psychology in Medical Settings, 5*, 35-47.
53. Kury, S. P., Rodrigue, J. R., & Perri, M. G. (1998). Smokeless tobacco and cigarettes: differential attitudes and behavioral intentions of young adolescents. *Journal of Clinical Child Psychology, 27*, 425-422.
54. Perri, M. G., Martin, A. D., Leermakers, E. A., Sears, S. F., & Notelovitz, M. (1997). Effects of group- versus home-based exercise in the treatment of obesity. *Journal of Consulting and Clinical Psychology, 65*, 278-285.

55. Rodrigue, J. R., Perri, M. G., Henson, C. D., Belar, C. B., Geisser, M. E., Lucas, J. R., Shapiro, D. E., & Summerhill, W. (1996). Cooperative extension and health psychology: An innovative partnership in addressing the needs of disaster survivors in a rural community. *Journal of the National Association for Rural Mental Health*, 49-59.
56. Perri, M. G., & Fuller, P. R. (1995). Success and failure in the treatment of obesity: Where do we go from here? *Medicine, Exercise, Nutrition, & Health*, 4, 255-272.
57. Braver, H. M., Block, A. J., & Perri, M. G. (1995). Treatment for snoring: Combined weight loss, sleeping on side, and nasal spray. *Chest*, 107, 1283-1288.
58. Arean, P. A., Perri, M. G., Nezu, A. M., Schein, R. L., Joseph, T. X., & Christopher, F. (1993). Comparative effectiveness of social problem-solving therapy and reminiscence therapy as treatments for depression in older adults. *Journal of Consulting and Clinical Psychology*, 61, 1003-1010.
59. Perri, M. G. (1993). Confronting the maintenance problem in the treatment of obesity. *Journal of Cardiopulmonary Rehabilitation*, 13, 164-166.
60. Perri, M. G., Sears, S. F., & Clark, J. E. (1993). Strategies for improving maintenance of weight loss: Toward a continuous care model of obesity management. *Diabetes Care*, 16, 200-209.
61. Perri, M. G. (1992). Weight maintenance strategies: The process and the practice. *Weight Control Digest*, 2, 201-207.
62. McCann, K. L., Perri, M. G., Nezu, A. M., & Lowe, M. R. (1992). An investigation of counterregulatory eating in obese clinic attenders. *International Journal of Eating Disorders*, 12, 161-169.
63. Perri, M. G., McAllister, D. A., Gange, J. J., Jordan, R. C., McAdoo, W. G., & Nezu, A. M. (1992). Effects of four maintenance programs on the long-term management of obesity. *Diabetes Spectrum*, 5, 202-206.
64. Perri, M. G. (1992). Commentary: Effects of very-low-calorie diet on long-term glycemic control in obese type 2 diabetic subjects. *Diabetes Spectrum*, 5, 217.
65. Nezu, A. M., Nezu, C. M., & Perri, M. G. (1990). Psychotherapy for adults within a problem-solving framework: Focus on depression. *Journal of Cognitive Psychotherapy*, 4, 247-256.

66. Viegner, B. J., Perri, M. G., Nezu, A. M., Renjilian, D. A., McKelvey, W. F., & Schein, R. L. (1990). Effects of an intermittent, low-fat, low-calorie diet in the behavioral treatment of obesity. *Behavior Therapy, 21*, 499-509.
67. Perri, M. G., Nezu, A. M., Patti, E. T., & McCann, K. L. (1989). Effect of length of treatment on weight loss. *Journal of Consulting and Clinical Psychology, 57*, 450-2.
68. Nezu, A. M., & Perri, M. G. (1989). Social problem solving therapy for unipolar depression: An initial dismantling study. *Journal of Consulting and Clinical Psychology, 57*, 408-413.
69. Perri, M. G., McAllister, D. A., Gange, J. J., Jordan, R. C., McAdoo, W. G., & Nezu, A. M. (1988). Effects of four maintenance programs on the long-term management of obesity. *Journal of Consulting and Clinical Psychology, 56*, 529-534.
70. Perri, M. G. (1988). Improving treatment for alcohol dependent veterans. *Psychology of Addictive Behaviors, 2*, 82-91.
71. McAllister, D. A., Perri, M. G., Jordan, R. C., Rauscher, F. P. & Sattin, A. (1987). Effects of ECT given two versus three times per week. *Psychiatry Research, 21*, 63-69.
72. Perri, M. G., McAdoo, W. G., McAllister, D. A., Lauer, J. B., Jordan, R. C., Yancey, D. Z., & Nezu, A. M. (1987). Effects of peer support and therapist contact on long-term weight loss. *Journal of Consulting and Clinical Psychology, 55*, 615-617.
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77. Merrion, M. J., Newlin, D. B., McAllister, D. A., Richmond, B. D., Jordan, R. J., Rauscher, F. P., & Perri, M. G. (1984). Subcortical density of the left hemisphere in schizophrenia. *Psychophysiology, 21*, 587-588.
78. Reis, H. T., Wheeler, L., Spiegel, N., Kernis, M. Nezelek, J., & Perri, M. G. (1982). Physical attractiveness in social interaction, II: Why does appearance affect social experience? *Journal of Personality and Social Psychology, 43*, 979-996.
79. Kirschenbaum, D. S., & Perri, M. G. (1982). Improving academic competence in adults: A review of recent research. *Journal of Counseling Psychology, 29*, 76-94.
80. Plotkin, R. C., Twentyman, C. T., & Perri, M. G. (1982). Utility of a measure of aggression in differentiating abusing parents from other parents experiencing family distress. *Journal of Clinical Psychology, 38*, 607-610.
81. Perri, M. G., Kerzner, A. B., & Tayler, A. H. (1981). The assessment of heterosocial adequacy: A cross-validation and replication. *Behavioral Counseling Quarterly, 1*, 317-319.
82. Plotkin, R. C., Azar, S., Twentyman, C. T., & Perri, M. G. (1981). A critical evaluation of the research methodology employed in the investigation of causative factors of child abuse and neglect. *International Journal of Child Abuse and Neglect, 5*, 449-455.
83. Twentyman, C. T., Perri, M. G., Stalonas, P. M., Toro, P. A., & Zastowny, T. R. (1981). Evaluation of social support systems in the behavioral treatment of obesity: An examination of weight loss and cardiovascular functioning. *Psychophysiology, 18*, 162.
84. Perri, M. G., & Richards, C. S. (1979). The assessment of heterosocial skills in male college students: Empirical development of a behavioral role-playing test. *Behavior Modification, 3*, 337-354.
85. Perri, K. D., & Perri, M. G., (1979). Use of relaxation to reduce pain following vaginal hysterectomy. *Perceptual and Motor Skills, 48*, 478.
86. Richards, C. S., & Perri, M. G. (1978). Do self-control treatments last? An evaluation of behavioral problem solving and faded counselor contact as treatment maintenance strategies. *Journal of Counseling Psychology, 25*, 376-383.
87. Perri, M. G., & Richards, C. S. (1977). An investigation of naturally occurring episodes of self-controlled behaviors. *Journal of Counseling Psychology, 24*, 178-183.

88. Perri, M. G., Richards, C. S., & Schultheis, K. R. (1977). Behavioral self-control and smoking reduction: A study of self-initiated attempts to reduce smoking. *Behavior Therapy, 8*, 360-365.
89. Richards, C. S., Perri, M. G., & Gortney, C. (1976). Increasing the maintenance of self-control procedures through faded counselor contact and high formation feedback. *Journal of Counseling Psychology, 23*, 405-406.
90. Perri, M. G., & Zipper, M. M. (1976). Are psychology departments dealing with the tenuring-in problem? A survey of department chairpersons. *Psychological Reports, 39*, 1321-1322.

Books (authored):

91. Richards, S., & Perri, M. G. (2002). *Depression: A primer for practitioners*. Thousand Oaks, CA: Sage Publications.
92. Perri, M. G., Nezu, A. M., & Viegner, B. J. (1992). *Improving the long-term management of obesity: Theory, research, and clinical guidelines*. New York: John Wiley & Sons.
93. Nezu, A. M., Nezu, C. M., & Perri, M. G. (1989). *Problem solving therapy for depression: Theory, research, and clinical guidelines*. New York: John Wiley & Sons.

Book (edited):

94. Richards, S., & Perri, M. G. (in press). *Relapse prevention for depression*. Washington, DC: American Psychological Association Publications.

Book chapters and monographs:

95. Perri, M. G., & Nackers, L. M. (in press). Obesity. In I. Weiner & E. Craighead (Eds.), *Corsini's encyclopedia of psychology* (4th ed.). New York: John Wiley & Sons.
96. Anton, S.D., Hand, K. A., & Perri, M. G. (in press). Problematic lifestyle habits. In R. Di Tomasso & B. A. Golden (Eds.), *Comprehensive handbook of cognitive-behavioral approaches in primary care*. New York: Springer Publishing.
97. Richards, C. S., & Perri, M. G. (in press). Introduction: The relapse problem in depression overview. In C.S. Richards & M. G. Perri (Eds.), *Relapse prevention for depression*. Washington, DC: American Psychological Association Publications.

98. Richards, C. S., & Perri, M. G. (in press). Epilogue: Integration and a summary of clinical guidelines for practitioners. In C.S. Richards & M. G. Perri (Eds.), *Relapse prevention for depression*. Washington, DC: American Psychological Association Publications.
99. Perri, M. G., Foreyt, J. P., & Anton, S. D. (2008). Prevention of weight regain after weight loss. In G. A. Bray and C. Bouchard (Eds.), *Handbook of obesity treatment: Clinical applications* (3rd ed., pp.249-268). New York: Informa Healthcare.
100. Milsom, V. A., Perri, M. G., & Rejeski, W. J. (2007). Guided group support and the long-term management of obesity. In J. Latner & G. T. Wilson (Eds.), *Self-help for binge eating and obesity* (pp. 205-222). New York: Guilford Press.
101. Nezu, A. M., Nezu, C. M., & Perri, M. G. (2006). Problem solving. In W. T. O'Donohue & E. R. Levensky (Eds.), *Promoting treatment adherence: A practical handbook for health care providers* (pp. 135-148). Thousand Oaks, CA: Sage Publications.
102. Perri, M. G., & Fox, L. D. (2005). Cognitive behavioral treatment of obesity. In A. Freeman (Ed.), *Encyclopedia of cognitive behavior therapy*. New York: Kluwer Academic/Plenum Publishers.
103. Perri, M. G., & Foreyt, J. P. (2004). Preventing weight regain after weight loss. In G. A. Bray and C. Bouchard (Eds.), *Handbook of obesity treatment: Clinical applications* (2nd ed., pp.185-200). New York: Marcel Dekkar, Inc.
104. Perri, M. G. (2003). Success and failure in the maintenance of lost weight. In G. Medeiros-Neto, A. Halpern, & C. Bouchard (Eds.), *Progress in Obesity Research: Vol 9*. (pp. 439-442) London: John Libbey & Co.
105. Perri, M. G., & Corsica, J. A. (2003). Treatment of obesity. In S. Llewelyn & P. Kennedy (Eds.), *Handbook of clinical health psychology* (pp. 181-202). London: John Wiley & Sons, Inc.
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119. Perri, M. G., Richards, C. S., & Goodrich, J. (1978). The Heterosocial Adequacy Test (HAT): A role-playing test for the assessment of heterosocial skills in male college students. *JSAS Catalog of Selected Documents in Psychology*, 8, 16. (Ms. No. 1650)
120. Perri, M. G. (1977). Behavior modification of heterosocial difficulties: A review of conceptual, treatment, and assessment considerations. *JSAS Catalog of Selected Documents in Psychology*, 7, 75. (Ms. No. 1530)

Published abstracts (refereed):

121. Perri, M. G., Lutes, L. D., Durning, P. E., Janicke, D. E., Limacher, M. C., Bobroff, L. B., Martin, A. D., (2009). The Treatment of Obesity in Underserved Rural Setting (TOURS) Trial: Long-term changes in body weight and dietary intake. *Annals of Behavioral Medicine*, 37 (suppl.), S98.
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123. Janicke, D. M., Sallinen, B. J., Perri, M. G., Lutes, L.D., Silverstein, J. H., & Brumback, B. (2009). Weight and cost outcomes from Project Story (Sensible Treatment of Obesity in Rural Youth). *Annals of Behavioral Medicine*, 37 (suppl.) S99.
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126. Dutton, G. R., Dancer-Brown, M., Reuter, K., O'Neil, E., Harper, M., Goble, M., Van Vesse, N., & Perri, M. G. (2009). Patients' preferences for obesity-related terminology used by their physician. *Annals of Behavioral Medicine*, 37 (suppl.), S207.
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183. Perri, M. G. (1979). The empirical development of a behavioral role-playing test for the assessment of heterosocial skills in male college students. (Doctoral Dissertation, University of Missouri-Columbia, 1978). *Dissertation Abstracts International* 38, 5082B (University Microfilms No. 79-06, 907).

Manuscripts in review

184. Anton, S. D., Perri, M. G., Duncan, G. E., Martin, A. D., & Limacher, M. C. (in review). How much walking is needed to improve cardiorespiratory fitness? An examination of the 2008 Physical Activity Guidelines for Americans.
185. Nackers, L. M. Ross, K. M., & Perri, M. G. (in review). The impact of rate of initial weight loss on long-term success in obesity treatment: does slow and steady win the race?
186. Radcliff, T. A., Perri, M. G., Durning, P. E. Limacher, M. C., Janicke, D. M., Lutes, L. D., Bobroff, L. B., Daniels, M. J., & Martin, A. D. (in review). Cost-effectiveness of telephone vs. face-to-face weight maintenance programs in rural settings.
187. Dutton, G. R., Perri, M. G., Dancer-Brown, M., Goble, M., & Van Vesse, N. (in review) Weight loss goals of patients in a health maintenance organization.

188. Rickel, K. A., Milsom, V. A., Hoover, V., & Perri, M. G. (in review). Long-term response of African-American and Caucasian women to extended care programs for weight management.

SCIENTIFIC AND PROFESSIONAL PRESENTATIONS

More than 150 presentations at national and international meetings.

GRANTS AND CONTRACTS

Active:

Title: Rural Lifestyle Intervention Treatment Effectiveness Trial (Rural LITE)
Dates: 2008-2013
Sponsor: NIH/National Heart, Lung, and Blood Institute
R18 HL 087800
Award: \$3,614,359
Role: Principal Investigator (PI)

Title: Extension Family Lifestyle Intervention Project (FLIP for Kids)
Dates: 2009-2014
Sponsor: NIH/National Institute of Diabetes, Digestive, and Kidney Diseases
R18 DK 082374
Award: \$2,661,164
Role: Co-Principal Investigator (D. Janicke, PI)

Title: Promoting Healthy Weight with "Stability First" (subcontract)
Dates: 2007-2011
Sponsor: NIH/National Cancer Institute
RO1 CA112594
Award: \$112,172 (subcontract)
Role: Co-Investigator (M. Kiernan, PI)

Title: Smart Home-Based Health platform for Behavioral Monitoring and Alteration for Diabetic and Obese Individuals
Dates: 2007-2010
Sponsor: NIH/National Institutes of Drug Abuse
R21 DA024294
Award: \$236,757
Role: Co-Principal Investigator (A. Helal, PI)

Title: Cooperative Lifestyle Intervention Program (subcontract)
Dates: 2005-2010
Sponsor: NIH/National Heart Lung and Blood Institute
RO1 HL076441-01
Award: \$247,212 (subcontract)
Role: Co-Investigator (J. Rejeski, PI).

Title: Claude D. Pepper Older American Independence Center (OAIC)
Dates: 2007-2012
Sponsor: NIH/National Institute of Aging
P30 AG028740-01
Amount: \$1,393,287
Role: Co-Investigator (M. Pahor, PI)

Grants Completed:

Title: A Multi-center, Randomized, Double Blind, Placebo Controlled Study Comparing the Safety and Efficacy of Naltrexone Sustained Release (SR)/Bupropion Sustained Release (SR) and Placebo in Subjects with Obesity Participating in a Behavior Modification Program
Dates: 2007-2009
Sponsor: Orexigen Therapeutics,
NB-302
Award: \$1,009,022
Role: Site Principal Investigator

Title: Treatment of Obesity in Underserved Rural Settings TOURS
Dates: 2003-2008
Sponsor: NIH/National Heart, Lung, and Blood Institute
R01 HL073326
Award: \$2,604,956
Role: Principal Investigator

Title: Physical Exercise to Prevent Disability Pilot Study
Dates: 2005-2008
Sponsor: NIH/National Institute of Aging,
UO1 AG022376-01
Award: \$3,488,305
Role: Co-Investigator (M. Pahor, PI)

Title: Sensible Treatment of Obesity in Rural Youth – STORY
Dates: 2005-2008
Sponsor: NIH/National Institute of Diabetes, Digestive, and Kidney Diseases
R34 DK071555-01
Award: \$435,000
Role: Co-Principal Investigator (D. Janicke, PI)

Title: Biological Effects of Weight Loss Plus Exercise in Older Obese African
American Women
Dates: 2006-2008
Sponsor: University of Florida Research Opportunity Fund
Award: \$81, 876
Role: Principal Investigator

Title: Biological Effects of Weight Loss Plus Exercise in Elders
Dates: 2007-2009
Sponsor: University of Florida Institute on Aging
Award: \$150,000
Role: Principal Investigator

Title: Clinical Centers for the Clinical Trial and Observational Study of the Women's
Health Initiative
Dates: 1994-2005
Sponsor: National Institutes of Health
NO1-WH-4-2129
Award: \$10,008,238
Role: Co-Principal Investigator (M. Limacher, PI)

Title: Enhanced Recruitment for the Clinical Trail of the Women's Health Initiative
Dates: 1996-2005
Sponsor: National Institutes of Health
NO1-WH-4-2129
Award: \$2,928,355
Role: Co-Principal Investigator (M. Limacher, PI)

Title: Dose-Response to Exercise and Cardiovascular Health
Dates: 1998-2003
Sponsor: National Heart, Lung, Blood Institute
R01 HL58873
Award: \$2,205,220
Role: Principal Investigator

Title: Cognitive Behavioral Therapy for Obesity and its Mental Health Co-Morbidities
Dates: 2003-2004
Sponsor: National Institute of Mental Health
F31 MH68137 (NRSA mentored research award)
Award: \$35,000
Role: Principal Investigator (G. Ames, Mentee)

Title: A Multi-Center, Double-Blind, Randomized, Placebo-Controlled, Study of Treatment of Binge Eating Disorder
Dates: 1999-2002
Sponsor: Abbott (Knoll) Pharmaceutical Company
Award: \$132,620
Role: Site Principal Investigator

Title: Exercise in Primary Care Settings: Increasing Physical Activity in Sedentary Adults of Low Socio-Economic Status
Dates: 1998-1999
Sponsor: UF College of Health Professions Research Development Award
Award: \$10,000
Role: Principal Investigator

Title: Aerobic Training and the Treatment of Obesity
Dates: 1991-1993
Sponsor: University of Florida Research Development Award
Award: \$25,000
Role: Principal Investigator

Title: Improving the Effectiveness of Behavioral Treatment for Moderate Obesity
Dates: 1988-1993
Sponsor: Veterans Administration Merit Review Research Program
Award: \$101,500
Role: Principal Investigator

Title: Long-term Behavioral Management of Obesity
Dates: 1985-1988
Sponsor: Veterans Administration Merit Review Research Program
Award: \$65,000
Role: Principal Investigator

Title: Maintenance Strategies for Behavioral Treatment of Obesity
Dates: 1982-1985
Sponsor: Veterans Administration Merit Review Research Program
Award: \$35,000
Role: Principal Investigator

Title: Evaluation of a Maintenance Program for Behavior Modification of Obesity
Dates: 1981-1982
Sponsor: Veterans Administration Research Advisory Group
Award: \$14,000
Role: Principal Investigator

Title: Behavioral Self-Control and Addictive Behaviors
Dates: 1979-1980
Sponsor: Office of Naval Research
Grant No. N00014-75-C-0001
Award: \$18,600
Role: Principal Investigator

DOCTORAL STUDENTS (Dissertation Chair or Co-Chair)

John Krouse, 1980
William Plaxco, 1980
Peter Stalonas, 1980, Co-Chair
Karen McCann, 1988
Sara Green Schmidt, 1988
Bonnie Weisener, 1989
Wendy McKelvey, 1990
David Renjilian, 1990
Eugene Patti, 1990
Diane Napolitano, 1990
Patricia Arean, 1991
Barbara Viegner, 1991
Donna Wollerman-Ronan, 1992
Pamela Fuller, 1994
Elizabeth Leermakers, 1995
Tricia Park, 1998, Co-Chair
Patricia Durning, 2001, Co-Chair
Robert Newton, 2002
Stephen Anton, 2003
William Kanasky, 2003, Co-Chair
Nicole Berlant, 2004
Gretchen Ames, 2005
Mary Murawski, 2007
Katie Rickel, 2008
Ninoska DeBraganza, in progress
Vanessa Milsom, in progress
Rachel Andre, in progress
Lisa Nackers, in progress
Pamela Dubyak, Co-Chair, in progress
Kathryn Ross, in progress
Nathan Ewigman, in progress
Valerie Hoover, in progress

COURSES TAUGHT

Health Promotion
Health Psychology/Behavioral Medicine
Clinical Health Psychology Practicum
Addictive Behaviors
Behavior Therapy
Theories and Methods of Psychotherapy
Personality and Behavior Change
Theories of Personality
Abnormal Psychology
General/Experimental Psychology

PROFESSIONAL SERVICE

Editorial and Review Activities:

Associate Editor, 2009-present, *Journal of Consulting and Clinical Psychology*
Consulting Editor, 2000-present, *Eating Behaviors*
Consulting Editor, 2005-2008, *ACSM's Fitness and Health Journal*
Associate Editor, 1996-1998, *the Behavior Therapist*
Consulting Editor, 1992-1993, *Health Psychology*
Consulting Editor, 1991-1993, *Annals of Behavioral Medicine*
Associate Editor, 1987-1994, *Psychology of Addictive Behaviors*
Consulting Editor, 1986-1989, *Journal of Consulting and Clinical Psychology*

Ad hoc reviewer:

Addictive Behaviors
American Psychologist
American Journal of Clinical Nutrition
American Journal of Epidemiology
American Journal of Preventive Medicine
Annals of Behavioral Medicine
Appetite
Archives of Internal Medicine

Behavioral Assessment
Behavior Modification
Behavior Therapy
Clinical Psychology Review
Cognitive Therapy and Research
Health Psychology
International Journal of Behavioral Medicine
International Journal of Obesity
JAMA
Journal of Community Psychology
Journal of Consulting and Clinical Psychology
Journal of Counseling Psychology
Journal of Personality Assessment
Medicine and Science in Sports and Exercise
New England Journal of Medicine
Obesity
Obesity Research
Pediatrics
Psychosomatic Medicine
Psychosomatics
Preventive Medicine
Psychological Bulletin
The Behavior Therapist
Southern Medical Journal

Member, 2002-present, NIH/NIDDK Data and Safety Monitoring Board for the “Look AHEAD” trial of weight loss in patients with type 2 diabetes.

Member, 2004-2007, NIH/NHLBI Data and Safety Monitoring Board for the “POUNDS LOST” Trial.

Member, 2003-2007, NIH/NHLBI Data and Safety Monitoring Board for the “Weight Loss Maintenance Trial.”

Member, 2001, NIH/NIDDK Protocol Review Committee for the “Look AHEAD” trial of weight loss in patients with type 2 diabetes.

Member, 2000-2008, External Advisory Board, Minnesota Obesity Center

Ad-hoc Member, 1993-2007, various NIH Special Emphasis Review Sections

External Reviewer: Tenure and Promotion Reviews for Other Institutions

Brown University, 2000, 2009

University of Washington—Seattle, 1999, 1998, 2007

University of Texas Medical Branch, 2007

Texas Tech University, 2004, 1997

Mayo Medical School, 2004, 1998

University at Albany, 2003

University of Missouri-Kansas City, 2001

Northwestern University, 2000

Baylor College of Medicine, 1999, 1998

Medical College of Pennsylvania-Hahnemann University, 1995, 1998

Uniformed Services University of the Health Sciences, 1998

Syracuse University, 1995, 1996

Consulting Reviewer, 1994, National Academy of Science, Institute of Medicine, Committee to Develop Criteria for Evaluating the Outcomes of Approaches to Prevent and Treat Obesity

Scientific Consultant, 1991, Federal Trade Commissions’ investigation of commercial weight-loss programs

Consulting Reviewer, 1990, *Surgeon General’s Report*

PROFESSIONAL MEMBERSHIPS AND ACTIVITIES

Member, 1978 to present, American Psychological Association (APA)

Member, Society of Clinical Psychology (Div. 12)

Member, Division of Health Psychology (Div. 38)

Member, Division on Addictions (Div. 50)

Member, Division of Exercise and Sport Psychology (Div. 47)

Chair (1995-1996), Convention Program Committee (APA Div. 12)

Member, 1995, Site Visit Accreditation Team

Member, 1994-1995, Convention Program Committee (APA Div.12)

Member, 1994-1995, Convention Program Committee (APA Div. 38)

Member, 1978 -2005, Association for Advancement of Behavior Therapy (AABT)

Assistant Program Chair, 1999-2000, 2000 AABT Convention

Member, 1994-1996, Committee on Academic Training of AABT

Member, 1994-1995, Program Committee for 1995 AABT Convention

Member, 1992-1993, Program Committee for 1993 AABT Convention

Member, 1981 to present, Society of Behavioral Medicine (SBM)

Member, 2001 SBM Convention Program Committee

Member, 1997 SBM Convention Program Committee

Member, 1995 SBM Convention Program Committee

Member, 1993 SBM Convention Program Committee

Member, 1990 to present, Obesity Society (formerly the North American Association for the Study of Obesity)

Member, 2007 to present, American Public Health Association

Licensed Psychologist, State of Florida, PY 4419, 1990-present

AWARDS AND HONORS

Recipient, Samuel M. Turner Award for Distinguished Contributions in Applied Clinical Research, Society of Clinical Psychology, American Psychological Association, 2008.

Distinguished Visiting Scholar, University of Kansas Medical Center, 2006.

Elected Fellow, Society of Clinical Psychology (Division 12) American Psychological Association, 2005.

Distinguished Visiting Scientist, Graduate Psychology Education Program, Texas Tech University, 2005.

Recipient, Distinguished Psychologist Award, Florida Psychological Association, North Central Florida Chapter, 2002.

Appointment, University of Florida Research Foundation Professorship, 2001-2004.

Recipient, Diplomate in Clinical Psychology, American Board of Professional Psychology, 2001.

Recipient, AABT Certificate of Appreciation for distinguished service as co-chair of the 2000 convention

Elected Fellow, Society of Behavioral Medicine, 1999.

Expert Panel Member, , American College of Sports Medicine Consensus Committee on Physical Activity and the Treatment of Obesity, 1998-1999.

Member, National Heart, Lung, and Blood Institute's Task Force on "Maintenance of Behavior Change in Cardiorespiratory Risk Reductions," 1998-1999.

Named Fellow, 1998, Obesity Society (formerly the North American Association for the Study of Obesity).

Recipient, APA Division 12 Certificate of Appreciation for "distinguished service as Chair of the Program Committee 1996"

Elected Charter Fellow, Division on Addictions, American Psychological Association, 1995.

Recipient, Audrey Schumacher Faculty Award for Outstanding Achievement in Clinical and Health Psychology, University of Florida, 1994.

Recipient, Faculty Research Award, University of Florida College of Health-Related Professions, 1993.

Elected Fellow, Division of Health Psychology, American Psychological Association, 1991.

Recipient, Superior Performance Award, FDR VA Hospital, Montrose, NY, 1990.

Recipient, Community Service Award, Indianapolis United Way/Combined Federal Campaign, 1985.

Recipient, Superior Performance Award, Richard L. Roudebush VA Medical Center, Indianapolis, IN, 1985.

Recipient, Middlebush Graduate Fellowship, University of Missouri—Columbia, 1976-1977.

Recipient, US Public Health Service Fellow, University of Missouri – Columbia. 1973-1975.

Recipient, Bronx Rotary Club Scholarship, Fordham University, 1972-1973.

Recipient, New York State Regents Scholarship, Fordham University, 1970-1973.