

WENDY J. HOLT, OTR/L, CHT
PO Box 100164
Department of Occupational Therapy
University of Florida
wholt@php.ufl.edu

EDUCATION

Bachelor of Science Occupational Therapy, High Honors
University of Florida, Gainesville, Florida

CERTIFICATIONS AND LICENSURES

- State of Florida, Licensed Occupational Therapist, # OT136
- Hand Therapy Certification Commission, Inc., Certified Hand Therapist, #9105000512
- American Occupational Therapy Association, Registered, #AA266288
- University of Florida, Clinical Certification in application of Electrical Stimulation and Ultrasound

PROFESSIONAL WORK EXPERIENCE

- **August 2004-present University of Florida, College of Public Health and Health Professions, Department of Occupational Therapy, Gainesville, FL**
Adjunct Faculty, Lecturer.
 - Bachelor of Health Science Program: Teaching Assistant in Musculoskeletal Anatomy, & Neuroanatomy.
 - MOT Program: Course Instructor in Therapeutic Skills Biomechanics; Kinesiology, Hand & Wrist Unit; Adult and Senior Course: Topics: Orthotics, Sensory impairment, Fine Motor assessment, Arthritis, & Modalities.
- **May 2006-February 2008 Hand Therapy Specialists, Inc., St. Augustine, FL.**
Clinic Director. Part time management of staff, and treatment of out patients with hand and upper extremity trauma or disease in the First Coast area. Supervision of Fieldwork I USA OT Students.
- **April 2004-April 2005 Sports Orthopedic & Rehabilitation, Inc., Gainesville, FL.**
Staff PRN Hand Therapist. Evaluation and treatment of hand and upper extremity trauma referred from community orthopedic and plastic surgeons. Fabrication of custom orthotics for correction and prevention of deformity in an outpatient physical therapy clinic.
- **2003-2004 Reist Hand Therapy, Jacksonville, FL.**
Contract PRN Hand therapist. Evaluation, treatment, and splinting of hand patients after acute trauma, operative intervention, or disease.

- **1990-2002** *Hand Rehabilitation Center of Gainesville, Gainesville, FL.*
President, Co-owner. Founder and administration of a private hand therapy practice, specializing in the treatment of patients with upper extremity trauma, disease and disorder. Responsibilities included, clinical treatment, splinting, business management, third party payment negotiations, supervision of staff and fieldwork I & II OT students. Patients referred from a community base of Orthopaedic, Plastic Reconstructive, and General Surgeons. Part time surgical and clinical assistant for James Slattery, MD, North Florida Regional Medical Center.
- **1982-1990** *Physical Therapy & Rehabilitation Center, Inc., Gainesville, FL.*
Staff Occupational Therapist. Clinical treatment and splinting of hand and upper extremity trauma and disease, and supervision of a part time COTA. Referral sources from Orthopaedic, and, Plastic and Reconstructive Surgeons in the community.
- **Prior hospital experience**
Shands Hospital, Inc., Gainesville, FL.
Staff Occupational Therapist, Physical Disabilities Team. Treatment and evaluation of adult inpatients and outpatients with physical disabilities. Primary focus of treatment of thermal injuries in the Burn Intensive Care Unit, and Plastic and Reconstructive hand trauma. Also assisted with outpatient Orthopaedic hand service, inclusive of static and dynamic splinting, with treatment of upper extremity trauma. Participation in supervision of fieldwork I and II OT students, including, clinical lecturing for the department of Occupational Therapy at the University of Florida.
Jackson Memorial Hospital, Miami, FL.
Staff Occupational Therapist, Burn Intensive Care Unit. Treatment included a team approach to wound care, rehabilitation, and whole body splinting and positioning of adults and pediatrics with severe thermal injuries.

PROFESSIONAL MEMBERSHIPS

- American Society of Hand Therapists, Charter Member, Active Status
- Florida Hand Society
- Florida Occupational Therapy Association
- American Occupational Therapy Association

CONTINUING EDUCATION

- 2008 Complete Shoulder Course, University of Florida
- 1987-2007 American Society of Hand Therapists Annual Meeting
- 2005 Florida Hand Society Annual Meeting
- 1989-2004 Florida Hand Society Annual Meeting
- 1996 "Peripheral Nerves and Biomechanics", Carville, Louisiana
- 1994 Worker's Compensation Annual Meeting, Orlando, Florida
- 1992 "Hand Care '92," Indianapolis, Indiana
- 1991 "Advanced Splinting," Charlotte, North Carolina

- 1987-88 South Florida Winter Hand Symposium Annual Meeting

LEADERSHIP AND HONORS

- 2006 Golden Apple Teaching Award, SOTA
- Active Board Member Hands To Love, Inc.
- Outstanding Committee Member Award, ASHT
- Past Treasurer, Florida Chapter of ASHT
- Past Chairman, Poster Committee, Annual Conference, ASHT

PRESENTATIONS

Academic

- "Anatomy Review", Comprehensive Review of Hand Therapy, University of Florida, Gainesville, FL.
- "Upper Extremity Dysfunction," Senior Occupational Therapy Students, University of Florida.
- "Upper Extremity Anatomy and Physical Dysfunction," Senior Occupational Therapy Students, University of Florida.
- "Static Splinting Lab," Senior Occupational Therapy Students, University of Florida.
- "Splinting and Control of Hypertrophic Scarring," Senior Occupational Therapy Students, University of Florida.
- "Basic Static Splinting," Senior Physical Therapy Students, University of Florida

Conference

- "Splinting the CMC Joint", Workshop, FOTA Meeting, Gainesville, FL.
- "Difficult Problems in Hand Surgery", Panel, 6th Annual meeting, Cleveland Hand Clinic, Naples, FL.
- "PIP Joint Contracture," moderator, Network Luncheon, 20th Annual ASHT Meeting
- "Current Surgical and Therapeutic Intervention with the Arthritic," Course Assistant, Dallas, TX.
- "Rehabilitation of Joint Arthroplasties," Hand Rehabilitation Current Concepts, Lake Buena Vista, FL.
- "Second Symposium on Burn Care," University of Florida, Gainesville, FL.
- "Thermal Injuries and Their Rehabilitation," American Physical Therapy Association, Orlando, FL.
- "Management of the Burned Patient," University of Miami, Miami, FL.

Community

- "Overuse & Repetitive Stress Injuries for Keyboard and String Players," 64th Annual FSMTA Conference, Gainesville, Florida.
- "Cumulative Trauma Disorders in the Work Place," Double Envelope Corporation, Gainesville, Florida.
- "Therapeutic Body Mechanics for Office Workers," Annual Safety Seminar, Gainesville, Florida.